

JD Crest Standards for 2018

These crest standards are derived from the 2018 JD Awards Standards

Values in RED are for new events (10 years or less) and are estimates

Criteria

1 be a full time competitive member of BC Athletics

2 qualifying performances must be done at meets from JD approved list

3 To qualify for a crest athletes must attain a crest standard in each of at least 3 different events
The crest level is determined by the truncated average of the top three performances assigning 3 for gold, 2 for silver and 1 for bronze

GIRLS TRACK EVENTS

Event	Crest Std	9		10		11	
			Year Old		Year Old		Year Old
60m	G	0	10.54	0	10.05	0	09.61
	S	0	11.18	0	10.66	0	10.20
	B	0	11.91	0	11.36	0	10.87
100m	G	0	16.91	0	15.78	0	14.94
	S	0	17.94	0	16.74	0	15.85
	B	0	19.12	0	17.84	0	16.89
200m	G					0	31.31
	S					0	33.21
	B					0	35.39
300m	G						
	S						
	B						
600m	G	2	10.52	2	03.05	1	57.86
	S	2	18.46	2	10.54	2	05.04
	B	2	27.54	2	19.10	2	13.24
800m	G						
	S						
	B						
1000m	G	4	00.91	3	50.00	3	40.99
	S	4	15.59	4	04.00	3	54.44
	B	4	32.35	4	20.00	4	09.81

1200m	G						
	S						
	B						
2000m	G						
	S						
	B						
60H	G	0	12.64	0	11.90	0	11.50
	S	0	13.40	0	12.62	0	12.20
	B	0	14.28	0	13.45	0	13.00
80H	G						
	S						
	B						
200H	G						
	S						
	B						
800RW	G	5	39.50	5	09.70	5	12.80
	S	6	00.20	5	28.50	5	31.90
	B	6	23.80	5	50.10	5	53.60
1500RW	G						
	S						
	B						

GIRLS FIELD EVENTS AND PENTATHLON

Event	Crest	9		10		11	
			Year Old		Year Old		Year Old
Long Jum	G	0	03.04	0	03.46	0	03.67
	S	0	02.77	0	03.16	0	03.35
	B	0	02.55	0	02.90	0	03.07
High Jum	G	0	00.96	0	01.09	0	01.16
	S	0	00.88	0	01.00	0	01.06
	B	0	00.80	0	00.91	0	00.97
Triple Jum	G						
	S						
	B						
Pole Vault	G						
	S						
	B						
Shot Put	G	0	04.16	0	05.52	0	07.00
	S	0	03.51	0	04.66	0	05.92

	B	0	02.88	0	03.82	0	04.85
Discus	G			0	13.50	0	18.33
	S			0	11.41	0	15.49
	B			0	09.34	0	12.68
Javelin	G			0	13.62	0	18.00
	S			0	11.51	0	15.21
	B			0	09.43	0	12.46
Hammer	G						
	S						
	B						
Pentathlon	G	0	1189	0	1568	0	1774
	S	0	1034	0	1363	0	1542
	B	0	810	0	1068	0	1208

Tentative values are in red since event is new (10 years or less).

BOYS TRACK EVENTS

Event	Crest	9		10		11	
	Std	Year Old		Year Old		Year Old	
60m	G	0	10.39	0	09.89	0	09.54
	S	0	11.03	0	10.49	0	10.12
	B	0	11.75	0	11.18	0	10.78
100m	G	0	16.29	0	15.47	0	14.98
	S	0	17.29	0	16.41	0	15.89
	B	0	18.42	0	17.49	0	16.93
200m	G	0				0	30.69
	S	0				0	32.56
	B	0				0	34.70
300m	G						
	S						
	B						
600m	G	2	08.78	2	00.75	1	54.99
	S	2	16.63	2	08.09	2	01.98
	B	2	25.59	2	16.50	2	09.99
800m	G						
	S						
	B						
1000m	G	3	52.29	3	37.35	3	26.99
	S	4	06.43	3	50.58	3	39.59
	B	4	22.59	4	05.69	3	53.99

	1200m	G						
		S						
		B						
	2000m	G						
		S						
		B						
	60H	G	0	12.32	0	11.70	0	11.37
		S	0	13.07	0	12.41	0	12.07
		B	0	13.93	0	13.22	0	12.86
	80H	G						
		S						
		B						
	200H	G						
		S						
		B						
	800RW	G	5	59.00	5	14.40	4	53.90
		S	6	20.90	5	33.60	5	11.80
		B	6	45.80	5	55.50	5	32.20
	1500RW	G						
		S						
		B						

BOYS FIELD EVENTS AND PENTATHLON

Event	Crest	9		10		11	
		Std	Year Old	Year Old	Year Old		
Long Jum	G	0	03.13	0	03.43	0	03.63
	S	0	02.85	0	03.12	0	03.32
	B	0	02.62	0	02.87	0	03.04
High Jum	G	0	01.01	0	01.11	0	01.19
	S	0	00.92	0	01.01	0	01.08
	B	0	00.85	0	00.93	0	00.99
Triple Jum	G						
	S						
	B						
Pole Vault	G						
	S						
	B						
Shot Put	G	0	04.90	0	06.70	0	07.81
	S	0	04.14	0	05.66	0	06.60

		B	0	03.39	0	04.64	0	05.40
	Discus	G			0	15.86	0	19.89
		S			0	13.40	0	16.81
		B			0	10.97	0	13.77
	Javelin	G			0	17.22	0	20.58
		S			0	14.55	0	17.39
		B			0	11.92	0	14.24
	Hammer	G						
		S						
		B						
	Pentathlo	G	0	1434	0	1796	0	1914
		S	0	1246	0	1561	0	1664
		B	0	976	0	1223	0	1304
Tentative values are in red since event is new (10 years or less).								

	12		13
	Year Old		Year Old
0			
0			
0			
0	14.50	0	14.15
0	15.39	0	15.01
0	16.40	0	16.00
0	29.97	0	29.33
0	31.79	0	31.12
0	33.88	0	33.16
0	48.30	0	46.56
0	51.24	0	49.40
0	54.60	0	52.64
2	40.10	2	36.40
2	49.80	2	45.90
3	01.00	2	56.80

0	04.54	0	05.43
0	20.40	0	23.87
0	17.24	0	20.18
0	14.12	0	16.52
0	21.82	0	25.10
0	18.44	0	21.22
0	15.10	0	17.37
0	20.36	0	27.36
0	17.21	0	23.13
0	14.09	0	18.94
0	2168	0	2360
0	1885	0	2051
0	1476	0	1607

	12		13
	Year Old		Year Old
0			
0			
0			
0	14.36	0	13.33
0	15.23	0	14.14
0	16.23	0	15.07
0	29.05	0	27.26
0	30.82	0	28.92
0	32.85	0	30.82
0	46.61	0	44.54
0	49.44	0	47.25
0	52.69	0	50.35
2	34.30	2	24.90
2	43.60	2	33.70
2	54.40	2	43.80

4	07.25	3	54.60
4	22.30	4	08.88
4	39.50	4	25.20
		6	59.70
		7	25.20
		7	54.40
0	14.27	0	13.61
0	15.13	0	14.44
0	16.13	0	15.38
0	32.51	0	31.03
0	34.49	0	32.92
0	36.75	0	35.07
4	51.50		
5	09.20		
5	29.50		
		9	23.10
		9	57.30
		10	36.50
	12		13
	Year Old		Year Old
0	03.94	0	04.55
0	03.59	0	04.15
0	03.30	0	03.81
0	01.27	0	01.37
0	01.16	0	01.25
0	01.07	0	01.14
		0	09.23
		0	08.42
		0	07.73
		0	02.02
		0	01.84
		0	01.69
0	07.63	0	09.09
0	06.45	0	07.68

0	05.28	0	06.29
0	21.51	0	26.69
0	18.18	0	22.56
0	14.89	0	18.47
0	24.51	0	32.05
0	20.72	0	27.09
0	16.96	0	22.18
0	26.06	0	31.49
0	22.03	0	26.62
0	18.04	0	21.80
0	2333	0	2792
0	2028	0	2427
0	1589	0	1901