

HIGH JUMP

Officiating Information for Parents

CVAC parents will be running and officiating the High Jump event for all Island track meets for the 2010 season. Three volunteers are required to run this event. Sign up sheets will be at the practices prior to the track meet. Sign up for as many blocks as you can. It is fun and fills the time between your child's events. Plus you get to know other parents from our club.

1. Be at the high jumping pit 10 minutes early
2. Take the athletes sticker (if it is a sticker track meet) or tick them off on the list if it is a pre-registration track meet
3. Give the athletes time to take their mark with tape
4. Read the rules to the athletes (see below)
5. Let athletes have an informal warm-up
6. When everyone is there and it is time to start read through the whole list so they know the order.
7. Athletes decide on the height to start. The lowest height suggested is where you start.
8. Starting at the top, allow each athlete one official warm-up jump.
9. Call who is jumping and who is on deck
10. Do not wait for athletes that are not checked in before the scheduled start time.

High jump can be a long event to host, it is imperative that the event starts on time; this keeps the meet schedule on time. At some track locations, the high jump area is in close proximity to the track or other events. Please be aware of the other events going on at the same time, so there is no interference to both. An example would be when the high jump area is close to the track, and high jump athletes start their run up from the track, you might have the athlete wait to take their turn until a track heat has passed the area. Some tracks share the run up area with Javelin, be aware of the other competing athletes.

RULES: Go over the rules with the athletes prior to their official warm-up:

1. Each athlete has 3 attempts at each height

2. An athlete can pass on an attempt per height or can pass on a height completely, they cannot go back to a previous height, but will attempt at the next height.
3. Starting height is determined at the beginning of the competition
4. The bar will be raised 5 cm at each new attempt until 2 athletes remaining and then the increase of the height is determined by the athlete.
5. If 3 or more athletes, they each get 1 minute per attempt
6. If 2-3 athletes, they each get 1.5 minute per attempt
7. If 1 athlete, they get 3 minutes per attempt.
8. An athlete must take off from one foot
9. An athlete fails:
 - a. after the jump, the bar does not remain on the supports because of the action of the athlete whilst jumping or
 - b. he touches the ground including the landing area beyond the vertical plane through the nearer edge of the crossbar, either between or outside the crossbars with any part of his body, without first clearing the bar.
 - c. He jumps off of two feet

If someone jumps a Top 10 or record, measure it twice and let the Meet Director know.

If it is obvious an athlete has not high jumped before do not allow that athlete to continue. This is a competition not a coaching clinic. It could be dangerous for the athlete and the officials.

If a large number of athletes have to leave to go off to a track event keep them until it is announced over the loudspeaker. You can allow the remaining athletes to continue with their jumps. The height will continue to increase for the remaining athletes who have succeeded the previous height. The returning athletes will

continue with the competition at the current height. They cannot go back to a previous height.

If only a couple athletes have to leave they can jump out of turn ONE time.

If an athlete shows up after you have already started the event and you have not finished the first round they can jump at the end of the rotation. If an athlete shows up and you have finished the first round, they do not get to jump the previous height, they will start at the current height. If an athlete shows up and you have already finished the competition they will not be allowed to jump even if they have been at another event. Once the event is over it is over.

Remember YOU are the official at the event. Any decision you make stands. DO NOT be intimidated by parents, coaches or athletes. If a dispute arises, contact the meet director immediately.