CVAC Jaguars Athlete Record Sheet - Times, Distances and Placing

Athletes Name: **YEAR:** _____

Event		VIAA Track Meets					Other Track Meets				Personal Best
		Bob Dailey Meet	Dogwood Meet	Elwood Wylie Meet	Garriock Track Meet	Comox Solstice Meet	1	2	3	4	
Hurdles	**Distance**										
Hurdles											
Hurdles											
Hurdles											
Hurdles											
60m											
100m											
4 x 100m											
200m											
400m											
600m											
800m											
1000m											
1200m											
1500m											
2000m											
Steeple Chase											
RW 800m											
RW 1500m											
High Jump											
Long Jump											
Triple Jump											
Shot Put											
Discus											
Javelin											
Hammer											