

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Girls 9 Year Olds 60 Meter Dash**

Name	Year	Team	Finals	Wind
Finals				
1	163	Lofstrom, Kaylie	10 Campbell Riv	10.90 NWI
2	205	Beaton, Arianna	10 Cowichan Val	11.24 NWI
3	383	Hendriks, Chantell	10 Oceanside TR	11.50 NWI
4	192	Pfeifer, Lyla	10 Comox Valley	11.84 NWI
5	386	Hing, Rachel	10 Oceanside TR	12.54 NWI

**Girls 10 Year Olds 60 Meter Dash**

Name	Year	Team	Finals	Wind	H#	
1	298	Brand, Danaea	09 Nanaimo & DI	9.89	NWI	2
2	128	Martin, Elly	09 Athletics Vi	9.92	NWI	1
3	150	Cliffe, Elizabeth	09 Campbell Riv	10.24	NWI	1
4	145	Yarrow, Ayana	09 Athletics Vi	10.40	NWI	1
5	210	Buttle, Mila	09 Cowichan Val	10.43	NWI	2
6	292	Bell, Tessa	09 Nanaimo & DI	10.44	NWI	2
7	379	D'Arcy, Lily	09 Oceanside TR	10.46	NWI	1
8	331	Mnguni, Emily	09 Nanaimo & DI	10.81	NWI	2
9	264	Weir, Nevaeh	09 Cowichan Val	11.36	NWI	2
10	380	Desvaux, Sophia	09 Oceanside TR	11.87	NWI	2

**Girls 11 Year Olds 60 Meter Dash**

Name	Year	Team	Finals	Wind	H#	
1	136	Phelan, Leila	08 Athletics Vi	9.63	NWI	2
2	158	Hoffman, Victoria	08 Campbell Riv	9.70	NWI	1
3	204	Wesner, Maile	08 Comox Valley	9.78	NWI	2
4	178	Faulkner, Claire	08 Comox Valley	10.12	NWI	2
5	384	Hendriks, Julianne	08 Oceanside TR	10.15	NWI	2
6	251	Pepper, Ashley	08 Cowichan Val	10.23	NWI	1
7	387	Hughes, Norah	08 Oceanside TR	10.24	NWI	2
8	133	Nadiger, Cassidy	08 Athletics Vi	10.26	NWI	2
9	404	Liefsoens, Nelle	08 Powell River	10.28	NWI	2
10	159	Kennedy, Casey	08 Campbell Riv	10.75	NWI	1
11	378	Cole, Heidi	08 Oceanside TR	11.04	NWI	1
12	269	Work, Crystal	08 Cowichan Val	14.38	NWI	1

**Girls 9 Year Olds 100 Meter Dash**

Name	Year	Team	Finals	Wind
1	163	Lofstrom, Kaylie	10 Campbell Riv	18.28 NWI
2	205	Beaton, Arianna	10 Cowichan Val	18.79 NWI
3	383	Hendriks, Chantell	10 Oceanside TR	18.88 NWI
4	169	Nelson, Anisa	10 Campbell Riv	19.31 NWI
5	192	Pfeifer, Lyla	10 Comox Valley	20.49 NWI

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Girls 10 Year Olds 100 Meter Dash**

Name	Year Team	Finals	Wind
1 128 Martin, Elly	09 Athletics Vi	16.00	NWI
2 210 Buttle, Mila	09 Cowichan Val	17.22	NWI
3 150 Cliffe, Elizabeth	09 Campbell Riv	17.37	NWI
4 145 Yarrow, Ayana	09 Athletics Vi	17.43	NWI
5 331 Mnguni, Emily	09 Nanaimo & DI	17.94	NWI
6 264 Weir, Nevaeh	09 Cowichan Val	18.66	NWI
7 380 Desvaux, Sophia	09 Oceanside TR	20.20	NWI

**Girls 11 Year Olds 100 Meter Dash**

Name	Year Team	Finals	Wind	H#
1 158 Hoffman, Victoria	08 Campbell Riv	15.77	NWI	1
2 136 Phelan, Leila	08 Athletics Vi	16.14	NWI	1
3 153 Gauthier, Karis	08 Campbell Riv	16.24	NWI	2
4 204 Wesner, Maile	08 Comox Valley	16.28	NWI	2
5 371 Wiggers, Charlotte	08 Nanaimo & DI	16.51	NWI	1
6 222 Forcier, Makenna	08 Cowichan Val	16.63	NWI	2
7 178 Faulkner, Claire	08 Comox Valley	16.66	NWI	2
8 387 Hughes, Norah	08 Oceanside TR	16.71	NWI	2
9 384 Hendriks, Julianne	08 Oceanside TR	16.73	NWI	1
10 404 Liefsoens, Nelle	08 Powell River	17.06	NWI	2
11 133 Nadiger, Cassidy	08 Athletics Vi	17.13	NWI	1
12 182 Kerr, Gwenyth	08 Comox Valley	17.89	NWI	1
13 378 Cole, Heidi	08 Oceanside TR	18.89	NWI	1
14 251 Pepper, Ashley	08 Cowichan Val	18.97	NWI	2

**Girls 12 Year Olds 100 Meter Dash**

Name	Year Team	Finals	Wind	H#
1 357 Russell, Lucy	07 Nanaimo & DI	14.38	NWI	2
2 261 Wedmann-Kent, Nova	07 Cowichan Val	15.36	NWI	2
3 191 Parker, Thea	07 Comox Valley	15.51	NWI	2
4 219 Douglas, Jaeda	07 Cowichan Val	15.62	NWI	1
5 144 Williams, Ella	07 Athletics Vi	16.00	NWI	1
6 177 Doty-Brown, Payge	07 Comox Valley	16.05	NWI	1
6 211 Carlin, Cathleen	07 Cowichan Val	16.05	NWI	1
8 176 Burry, Erika	07 Comox Valley	16.44	NWI	2
9 224 Harper, Stella	07 Cowichan Val	17.05	NWI	2
10 234 Lazenby, Danika	07 Cowichan Val	18.98	NWI	1

**Girls 13 Year Olds 100 Meter Dash**

Name	Year Team	Finals	Wind	H#
1 390 Scott, Isabelle	06 Oceanside TR	14.10	NWI	3
2 156 Hoffman, Elisabeth	06 Campbell Riv	14.12	-2.8	1
3 312 Harrison, Avery	06 Nanaimo & DI	14.27	-2.8	1
4 419 Lee, Ayaka	06 Unattached B	14.35	NWI	3
5 179 Ho Jackson, Morgan	06 Comox Valley	14.57	NWI	2
6 260 Varga, Amelia	06 Cowichan Val	14.62	NWI	3
7 314 Henderson, Avery	06 Nanaimo & DI	14.64	NWI	2

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Girls 13 Year Olds 100 Meter Dash**

8	199 Smits, Quinn	06 Comox Valley	14.76	NWI	3
9	385 Hendriks, Maria	06 Oceanside TR	14.91	NWI	3
10	102 Abbott, Grace	06 Alberni Vall	15.21	NWI	3
11	246 Minka, Agata	06 Cowichan Val	15.33	NWI	3
12	141 Stubbing, Anna	06 Athletics Vi	15.41	-2.8	1
13	244 Menzies, Nehayla	06 Cowichan Val	15.69	-2.8	1
14	154 Gauthier, Maren	06 Campbell Riv	15.71	-2.8	1
15	324 Louie, Ella	06 Nanaimo & DI	15.72	-2.8	1
16	107 Hall, Victoria	06 Alberni Vall	15.87	NWI	2
17	403 Liefsoens, Luce	06 Powell River	17.49	-2.8	1
18	168 Nelson, Anik	06 Campbell Riv	25.23	NWI	3

**Girls 14-15 100 Meter Dash**

Name	Year Team	Finals	Wind
1	433 Arychuk, Hannah	05 Victoria Spe	13.75 -3.1
2	365 Urbanowicz, Sonya	04 Nanaimo & DI	13.94 -3.1
3	361 Skuse, Tyza	04 Nanaimo & DI	14.02 -3.1
4	434 Barlee, Alex	05 Victoria Spe	14.11 -3.1
5	117 Dickinson, Sadie	05 Athletics Vi	14.30 -3.1
6	151 Danielson, Kiana	05 Campbell Riv	14.92 -3.1
7	422 Okereke, Kanyito	05 Unattached B	15.83 -3.1

**Girls 11 Year Olds 200 Meter Dash**

Name	Year Team	Finals	Wind H#
1	136 Phelan, Leila	08 Athletics Vi	32.53 -2.2 2
2	204 Wesner, Maile	08 Comox Valley	33.49 -0.9 1
3	404 Liefsoens, Nelle	08 Powell River	33.57 -0.9 1
4	384 Hendriks, Julianne	08 Oceanside TR	33.66 -2.2 2
5	303 De Boer, Jane	08 Nanaimo & DI	34.46 -0.9 1
6	178 Faulkner, Claire	08 Comox Valley	34.49 -2.2 2
7	222 Forcier, Makenna	08 Cowichan Val	34.56 -2.2 2
8	133 Nadiger, Cassidy	08 Athletics Vi	35.88 -2.2 2
9	387 Hughes, Norah	08 Oceanside TR	37.35 -2.2 2
10	272 Young, Clodagh	08 Cowichan Val	37.55 -0.9 1
11	251 Pepper, Ashley	08 Cowichan Val	37.64 -0.9 1

**Girls 12 Year Olds 200 Meter Dash**

Name	Year Team	Finals	Wind
1	357 Russell, Lucy	07 Nanaimo & DI	29.33 -2.3
2	261 Wedmann-Kent, Nova	07 Cowichan Val	31.97 -2.3
3	191 Parker, Thea	07 Comox Valley	32.12 -2.3
4	144 Williams, Ella	07 Athletics Vi	33.07 -2.3
5	219 Douglas, Jaeda	07 Cowichan Val	33.46 -2.3
6	211 Carlin, Cathleen	07 Cowichan Val	33.47 -2.3
7	208 Blumel, Annette	07 Cowichan Val	37.27 -2.3
8	103 Allatt-Miles, Lail	07 Alberni Vall	39.15 -2.3

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Girls 13 Year Olds 200 Meter Dash**

Name	Year Team	Finals	Wind	H#
1 328 Martin, Haley	06 Nanaimo & DI	28.85	-2.2	2
2 260 Varga, Amelia	06 Cowichan Val	29.35	-2.2	2
3 156 Hoffman, Elisabeth	06 Campbell Riv	29.57	-1.8	1
4 179 Ho Jackson, Morgan	06 Comox Valley	30.14	-1.8	1
5 199 Smits, Quinn	06 Comox Valley	30.36	-2.2	2
6 141 Stubbing, Anna	06 Athletics Vi	31.17	-2.2	2
7 428 Venables, Sophia	06 Unattached B	31.31	-2.2	2
8 414 Coyle, Tessa	06 Unattached B	31.46	-2.2	2
9 137 Phelan, Malia	06 Athletics Vi	31.56	-2.2	2
10 244 Menzies, Nehayla	06 Cowichan Val	32.87	-1.8	1

**Girls 14-15 200 Meter Dash**

Name	Year Team	Finals	Wind	H#
1 433 Arychuk, Hannah	05 Victoria Spe	27.27	-0.5	1
2 185 Macwhinnie, Makenn	04 Comox Valley	27.63	-0.5	1
3 361 Skuse, Tyza	04 Nanaimo & DI	28.55	-2.0	2
4 434 Barlee, Alex	05 Victoria Spe	28.63	-2.0	2
5 117 Dickinson, Sadie	05 Athletics Vi	29.03	-2.0	2
6 151 Danielson, Kiana	05 Campbell Riv	29.78	-0.5	1
7 392 Waite, Annika	05 Oceanside TR	31.47	-0.5	1
8 329 Menard, Carys	04 Nanaimo & DI	32.12	-2.0	2

**Girls 12 Year Olds 300 Meter Dash**

Name	Year Team	Finals
1 357 Russell, Lucy	07 Nanaimo & DI	47.99

**Girls 13 Year Olds 300 Meter Dash**

Name	Year Team	Finals	H#
1 338 Myint, Katelyn	06 Nanaimo & DI	46.57	2
2 390 Scott, Isabelle	06 Oceanside TR	46.67	2
3 260 Varga, Amelia	06 Cowichan Val	48.31	2
4 199 Smits, Quinn	06 Comox Valley	48.38	2
5 179 Ho Jackson, Morgan	06 Comox Valley	50.44	1
6 137 Phelan, Malia	06 Athletics Vi	52.16	2
7 403 Liefsoens, Luce	06 Powell River	55.59	1
8 325 Lundman, Annika	06 Nanaimo & DI	59.87	1

**Girls 14-15 300 Meter Dash**

Name	Year Team	Finals
1 433 Arychuk, Hannah	05 Victoria Spe	43.14
2 271 Wright, Chelsea	05 Cowichan Val	46.78
3 151 Danielson, Kiana	05 Campbell Riv	48.10
4 209 Blumel, Margo	04 Cowichan Val	51.07

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Girls 11 Year Olds 600 Meter Run**

Name	Year	Team	Finals
1 404 Liefsoens, Nelle	08	Powell River	1:57.66
2 136 Phelan, Leila	08	Athletics Vi	1:58.86
3 204 Wesner, Maile	08	Comox Valley	2:02.48
4 303 De Boer, Jane	08	Nanaimo & DI	2:08.63
5 384 Hendriks, Julianne	08	Oceanside TR	2:09.25
6 222 Forcier, Makenna	08	Cowichan Val	2:13.16
7 272 Young, Clodagh	08	Cowichan Val	2:25.61
8 251 Pepper, Ashley	08	Cowichan Val	2:34.44

**Girls 12 Year Olds 800 Meter Run**

Name	Year	Team	Finals
1 103 Allatt-Miles, Lail	07	Alberni Vall	3:01.88
2 144 Williams, Ella	07	Athletics Vi	3:13.37

**Girls 13 Year Olds 800 Meter Run**

Name	Year	Team	Finals
1 328 Martin, Haley	06	Nanaimo & DI	2:31.98
2 338 Myint, Katelyn	06	Nanaimo & DI	2:35.61
3 428 Venables, Sophia	06	Unattached B	2:43.92
4 137 Phelan, Malia	06	Athletics Vi	2:48.37
5 403 Liefsoens, Luce	06	Powell River	2:51.50
6 325 Lundman, Annika	06	Nanaimo & DI	3:00.65
7 348 Park, Jasmine	06	Nanaimo & DI	3:21.77

**Girls 14-15 800 Meter Run**

Name	Year	Team	Finals
1 147 Chatterton, Anna	04	Campbell Riv	2:28.35
2 281 Hunt, Emily	04	Mid Island Distance	2:33.01
3 416 Harbo, Maya	05	Unattached B	2:41.66
4 276 Bell, Jessie	05	Mid Island Distance	2:41.74

**Girls 9 1000 Meter Run**

Name	Year	Team	Finals
1 169 Nelson, Anisa	10	Campbell Riv	4:06.11

**Girls 10 1000 Meter Run**

Name	Year	Team	Finals
1 210 Buttle, Mila	09	Cowichan Val	4:00.09
2 331 Mnguni, Emily	09	Nanaimo & DI	4:08.53
3 292 Bell, Tessa	09	Nanaimo & DI	4:09.15

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Girls 11 1000 Meter Run**

Name	Year Team	Finals
1 404 Liefsoens, Nelle	08 Powell River	3:35.19
2 204 Wesner, Maile	08 Comox Valley	3:46.98

**Girls 12 1200 Meter Run**

Name	Year Team	Finals
1 405 Dow, Alexa	07 Prairie Inn	3:46.72
2 308 Gillette, Brea	07 Nanaimo & DI	4:16.81
3 432 Pighin, Kiara	07 Vernon Amate	4:40.48

**Girls 13 1200 Meter Run**

Name	Year Team	Finals
1 338 Myint, Katelyn	06 Nanaimo & DI	4:09.52
2 431 Pighin, Isabella	06 Vernon Amate	4:15.83
3 314 Henderson, Avery	06 Nanaimo & DI	4:16.88
4 340 Norman, Aynsley	06 Nanaimo & DI	4:18.61
5 403 Liefsoens, Luce	06 Powell River	4:25.15
6 390 Scott, Isabelle	06 Oceanside TR	4:25.20
7 237 Lenarcic, Katelyn	06 Cowichan Val	4:31.85
8 325 Lundman, Annika	06 Nanaimo & DI	4:53.41

**Girls 14-15 1200 Meter Run**

Name	Year Team	Finals
1 406 Vizina, Emma	04 Prairie Inn	3:56.61
2 147 Chatterton, Anna	04 Campbell Riv	3:57.50
3 281 Hunt, Emily	04 Mid Island Distance	4:06.10
4 311 Grimmer, Kayla	04 Nanaimo & DI	4:28.30
5 276 Bell, Jessie	05 Mid Island Distance	4:31.09
6 392 Waite, Annika	05 Oceanside TR	4:32.76

**Girls 13 2000 Meter Run**

Name	Year Team	Finals
1 338 Myint, Katelyn	06 Nanaimo & DI	7:58.10
2 325 Lundman, Annika	06 Nanaimo & DI	8:32.90

**Girls 14-15 2000 Meter Run**

Name	Year Team	Finals
1 147 Chatterton, Anna	04 Campbell Riv	7:02.40
2 281 Hunt, Emily	04 Mid Island Distance	7:16.40

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Girls 9 Year Olds 60 Meter Hurdles 6 x 21"**

Name	Year Team	Finals	Wind
1 163 Lofstrom, Kaylie	10 Campbell Riv	13.07	NWI
2 205 Beaton, Arianna	10 Cowichan Val	13.23	NWI
3 169 Nelson, Anisa	10 Campbell Riv	13.77	NWI
4 383 Hendriks, Chantell	10 Oceanside TR	14.26	NWI

**Girls 10 Year Olds 60 Meter Hurdles 6 x 24"**

Name	Year Team	Finals	Wind
1 128 Martin, Elly	09 Athletics Vi	12.54	NWI
2 254 Rasul-Jankovics, K	09 Cowichan Val	12.74	NWI
3 292 Bell, Tessa	09 Nanaimo & DI	12.96	NWI
4 264 Weir, Nevaeh	09 Cowichan Val	13.14	NWI
5 150 Cliffe, Elizabeth	09 Campbell Riv	13.22	NWI
6 266 Williams, Kionah	09 Cowichan Val	14.60	NWI
7 380 Desvaux, Sophia	09 Oceanside TR	15.14	NWI

**Girls 11 Year Olds 60 Meter Hurdles 6 x 24"**

Name	Year Team	Finals	Wind	H#
1 136 Phelan, Leila	08 Athletics Vi	10.64	NWI	2
2 158 Hoffman, Victoria	08 Campbell Riv	10.84	NWI	1
3 204 Wesner, Maile	08 Comox Valley	11.63	NWI	2
4 384 Hendriks, Julianne	08 Oceanside TR	11.78	NWI	2
5 153 Gauthier, Karis	08 Campbell Riv	12.00	NWI	2
6 222 Forcier, Makenna	08 Cowichan Val	12.27	NWI	1
7 159 Kennedy, Casey	08 Campbell Riv	12.72	NWI	2
8 182 Kerr, Gwenyth	08 Comox Valley	12.76	NWI	2
9 404 Liefsoens, Nelle	08 Powell River	12.79	NWI	2
10 178 Faulkner, Claire	08 Comox Valley	13.17	NWI	1
11 269 Work, Crystal	08 Cowichan Val	21.18	NWI	1

**Girls 12 Year Olds 80 Meter Hurdles 8 x 27"**

Name	Year Team	Finals	Wind	H#
1 357 Russell, Lucy	07 Nanaimo & DI	14.44	NWI	2
2 191 Parker, Thea	07 Comox Valley	15.00	NWI	2
3 409 Andulajevic, Molly	07 Unattached B	15.21	NWI	2
4 177 Doty-Brown, Payge	07 Comox Valley	15.85	NWI	1
5 261 Wedmann-Kent, Nova	07 Cowichan Val	16.05	NWI	2
6 144 Williams, Ella	07 Athletics Vi	16.57	NWI	2
7 176 Burry, Erika	07 Comox Valley	16.64	NWI	1
8 206 Beaton, Sophia	07 Cowichan Val	16.65	NWI	2
9 432 Pighin, Kiara	07 Vernon Amate	17.98	NWI	1
10 208 Blumel, Annette	07 Cowichan Val	19.40	NWI	2
11 224 Harper, Stella	07 Cowichan Val	20.16	NWI	2

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Girls 13 Year Olds 80 Meter Hurdles 8 x 30"**

Name	Year Team	Finals	Wind	H#
1 137 Phelan, Malia	06 Athletics Vi	14.51	NWI	2
2 314 Henderson, Avery	06 Nanaimo & DI	15.05	NWI	2
3 312 Harrison, Avery	06 Nanaimo & DI	15.14	NWI	2
4 179 Ho Jackson, Morgan	06 Comox Valley	15.47	NWI	1
5 340 Norman, Aynsley	06 Nanaimo & DI	15.89	NWI	1
6 154 Gauthier, Maren	06 Campbell Riv	16.71	NWI	1
6 107 Hall, Victoria	06 Alberni Vall	16.71	NWI	2
8 431 Pighin, Isabella	06 Vernon Amate	17.04	NWI	2
9 403 Liefsoens, Luce	06 Powell River	17.11	NWI	2
10 168 Nelson, Anik	06 Campbell Riv	17.61	NWI	2

**Girls 14-15 80 Meter Hurdles 8 x 30"**

Name	Year Team	Finals	Wind
1 174 Simmons, Lacie	05 Campbell Riv	13.51	-0.5
2 216 Davidson, Ainsley	04 Cowichan Val	13.83	-0.5
3 392 Waite, Annika	05 Oceanside TR	15.04	-0.5
4 106 Hall, Isabella	04 Alberni Vall	15.68	-0.5
5 322 Kirk, Emma	05 Nanaimo & DI	15.75	-0.5

**Girls 12 Year Olds 200 Meter Hurdles 5 x 24"**

Name	Year Team	Finals	Wind
1 357 Russell, Lucy	07 Nanaimo & DI	31.80	NWI
2 191 Parker, Thea	07 Comox Valley	34.03	NWI
3 144 Williams, Ella	07 Athletics Vi	34.39	NWI
4 176 Burry, Erika	07 Comox Valley	35.89	NWI
5 177 Doty-Brown, Payge	07 Comox Valley	36.17	NWI

**Girls 13 Year Olds 200 Meter Hurdles 5 x 27"**

Name	Year Team	Finals	Wind
1 328 Martin, Haley	06 Nanaimo & DI	30.68	NWI
2 179 Ho Jackson, Morgan	06 Comox Valley	31.79	NWI
3 199 Smits, Quinn	06 Comox Valley	32.99	NWI
4 137 Phelan, Malia	06 Athletics Vi	33.12	NWI
5 154 Gauthier, Maren	06 Campbell Riv	33.15	NWI
5 428 Venables, Sophia	06 Unattached B	33.15	NWI
7 403 Liefsoens, Luce	06 Powell River	36.55	NWI

**Girls 14-15 300 Meter Hurdles 7 x 30"**

Name	Year Team	Finals
1 185 Macwhinnie, Makenn	04 Comox Valley	47.29
2 361 Skuse, Tyza	04 Nanaimo & DI	51.93
3 174 Simmons, Lacie	05 Campbell Riv	52.82
4 392 Waite, Annika	05 Oceanside TR	53.38



**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Girls 9 Year Olds High Jump**

Name	Year Team	Finals
1 163 Lofstrom, Kaylie	10 Campbell Riv	1.00m
2 192 Pfeifer, Lyla	10 Comox Valley	0.95m
3 386 Hing, Rachel	10 Oceanside TR	0.85m
3 383 Hendriks, Chantell	10 Oceanside TR	0.85m

**Girls 10 Year Olds High Jump**

Name	Year Team	Finals
1 292 Bell, Tessa	09 Nanaimo & DI	1.15m
2 128 Martin, Elly	09 Athletics Vi	1.10m
3 150 Cliffe, Elizabeth	09 Campbell Riv	1.05m
4 264 Weir, Nevaeh	09 Cowichan Val	0.95m
-- 380 Desvaux, Sophia	09 Oceanside TR	NH

**Girls 11 Year Olds High Jump**

Name	Year Team	Finals
1 204 Wesner, Maile	08 Comox Valley	1.25m
2 384 Hendriks, Julianne	08 Oceanside TR	1.20m
2 178 Faulkner, Claire	08 Comox Valley	1.20m
2 136 Phelan, Leila	08 Athletics Vi	1.20m
5 159 Kennedy, Casey	08 Campbell Riv	1.10m
5 222 Forcier, Makenna	08 Cowichan Val	1.10m
7 404 Liefsoens, Nelle	08 Powell River	1.05m

**Girls 12 Year Olds High Jump**

Name	Year Team	Finals
1 261 Wedmann-Kent, Nova	07 Cowichan Val	1.35m
2 388 O'Hare, Irelee	07 Oceanside TR	1.30m
3 176 Burry, Erika	07 Comox Valley	1.25m
3 144 Williams, Ella	07 Athletics Vi	1.25m
5 191 Parker, Thea	07 Comox Valley	1.20m
6 206 Beaton, Sophia	07 Cowichan Val	1.15m
7 177 Doty-Brown, Payge	07 Comox Valley	1.10m

**Girls 13 Year Olds High Jump**

Name	Year Team	Finals
1 154 Gauthier, Maren	06 Campbell Riv	1.40m
2 328 Martin, Haley	06 Nanaimo & DI	1.35m
3 237 Lenarcic, Katelyn	06 Cowichan Val	1.25m
4 137 Phelan, Malia	06 Athletics Vi	J1.25m
5 325 Lundman, Annika	06 Nanaimo & DI	J1.25m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Girls 14-15 High Jump**

Name	Year Team	Finals
1 322 Kirk, Emma	05 Nanaimo & DI	1.54m
2 209 Blumel, Margo	04 Cowichan Val	1.30m
-- 105 Greekas, Ari	04 Alberni Vall	NH

**Girls 9 Year Olds Long Jump**

Name	Year Team	Finals	Wind
1 163 Lofstrom, Kaylie	10 Campbell Riv	2.78m	NWI
2 383 Hendriks, Chantell	10 Oceanside TR	2.75m	NWI
3 192 Pfeifer, Lyla	10 Comox Valley	2.63m	NWI
4 169 Nelson, Anisa	10 Campbell Riv	2.62m	NWI
5 205 Beaton, Arianna	10 Cowichan Val	2.53m	NWI

**Girls 10 Year Olds Long Jump**

Name	Year Team	Finals	Wind
1 128 Martin, Elly	09 Athletics Vi	3.53m	NWI
2 292 Bell, Tessa	09 Nanaimo & DI	3.27m	NWI
3 150 Cliffe, Elizabeth	09 Campbell Riv	3.14m	NWI
4 210 Buttle, Mila	09 Cowichan Val	3.02m	NWI
5 264 Weir, Nevaeh	09 Cowichan Val	2.80m	NWI
6 333 Moonsamy, Anishka	09 Nanaimo & DI	2.44m	NWI
7 380 Desvaux, Sophia	09 Oceanside TR	2.14m	NWI

**Girls 11 Year Olds Long Jump**

Name	Year Team	Finals	Wind
1 136 Phelan, Leila	08 Athletics Vi	3.74m	NWI
2 153 Gauthier, Karis	08 Campbell Riv	3.62m	NWI
3 204 Wesner, Maile	08 Comox Valley	3.60m	NWI
4 158 Hoffman, Victoria	08 Campbell Riv	3.59m	NWI
5 222 Forcier, Makenna	08 Cowichan Val	3.26m	NWI
5 384 Hendriks, Julianne	08 Oceanside TR	3.26m	NWI
7 178 Faulkner, Claire	08 Comox Valley	3.22m	NWI
8 404 Liefsoens, Nelle	08 Powell River	3.14m	NWI
9 159 Kennedy, Casey	08 Campbell Riv	3.13m	NWI
10 387 Hughes, Norah	08 Oceanside TR	2.92m	NWI
11 133 Nadiger, Cassidy	08 Athletics Vi	2.71m	NWI
12 251 Pepper, Ashley	08 Cowichan Val	2.66m	NWI
13 269 Work, Crystal	08 Cowichan Val	2.06m	NWI
14 248 Miranda, Mila	08 Cowichan Val	1.42m	NWI

**Girls 12 Year Olds Long Jump**

Name	Year Team	Finals	Wind
1 357 Russell, Lucy	07 Nanaimo & DI	4.03m	NWI
2 409 Andulajevic, Molly	07 Unattached B	3.86m	NWI
3 191 Parker, Thea	07 Comox Valley	3.72m	NWI
4 261 Wedmann-Kent, Nova	07 Cowichan Val	3.69m	NWI

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Girls 12 Year Olds Long Jump**

5	176	Burry, Erika	07 Comox Valley	3.64m	NWI
6	144	Williams, Ella	07 Athletics Vi	3.57m	NWI
7	177	Doty-Brown, Payge	07 Comox Valley	3.56m	NWI
8	211	Carlin, Cathleen	07 Cowichan Val	3.53m	NWI
9	219	Douglas, Jaeda	07 Cowichan Val	3.45m	NWI
10	218	Doehler, Julia	07 Cowichan Val	3.32m	NWI
11	206	Beaton, Sophia	07 Cowichan Val	3.16m	NWI
12	432	Pighin, Kiara	07 Vernon Amate	3.07m	NWI
13	224	Harper, Stella	07 Cowichan Val	3.02m	NWI
14	208	Blumel, Annette	07 Cowichan Val	2.85m	NWI
15	259	Titone, Maëlle	07 Cowichan Val	2.76m	NWI
16	234	Lazenby, Danika	07 Cowichan Val	2.29m	NWI
17	230	Johnston, Tori	07 Cowichan Val	2.11m	NWI

**Girls 13 Year Olds Long Jump**

Name	Year	Team	Finals	Wind
1	312	Harrison, Avery	06 Nanaimo & DI	4.48m NWI
2	338	Myint, Katelyn	06 Nanaimo & DI	4.31m NWI
3	340	Norman, Aynsley	06 Nanaimo & DI	4.27m NWI
4	260	Varga, Amelia	06 Cowichan Val	4.25m NWI
5	419	Lee, Ayaka	06 Unattached B	4.24m NWI
6	156	Hoffman, Elisabeth	06 Campbell Riv	4.09m NWI
6	179	Ho Jackson, Morgan	06 Comox Valley	4.09m NWI
8	137	Phelan, Malia	06 Athletics Vi	4.03m NWI
9	324	Louie, Ella	06 Nanaimo & DI	3.92m NWI
10	141	Stubbing, Anna	06 Athletics Vi	3.89m NWI
11	244	Menzies, Nehayla	06 Cowichan Val	3.84m NWI
12	246	Minka, Agata	06 Cowichan Val	3.76m NWI
13	107	Hall, Victoria	06 Alberni Vall	3.72m NWI
14	431	Pighin, Isabella	06 Vernon Amate	3.71m NWI
15	168	Nelson, Anik	06 Campbell Riv	3.42m NWI
16	325	Lundman, Annika	06 Nanaimo & DI	3.14m NWI
17	403	Liefsoens, Luce	06 Powell River	2.86m NWI

**Girls 14-15 Long Jump**

Name	Year	Team	Finals	Wind
1	361	Skuse, Tyza	04 Nanaimo & DI	4.86m 2.6
2	117	Dickinson, Sadie	05 Athletics Vi	4.53m 0.5
2	256	Schoyen, Chloe	05 Cowichan Val	4.53m 2.9
4	174	Simmons, Lacie	05 Campbell Riv	4.37m 2.4
5	416	Harbo, Maya	05 Unattached B	4.25m 2.2
6	411	Barootes, Brooklyn	05 Unattached B	4.11m 2.2
7	365	Urbanowicz, Sonya	04 Nanaimo & DI	3.87m 1.3

**Girls 13 Year Olds Triple Jump**

Name	Year	Team	Finals	Wind
1	328	Martin, Haley	06 Nanaimo & DI	10.18m NWI
2	141	Stubbing, Anna	06 Athletics Vi	8.57m NWI
3	129	Maybie, Katelyn	06 Athletics Vi	7.73m NWI

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Girls 13 Year Olds Triple Jump**

4	107 Hall, Victoria	06 Alberni Vall	7.39m	NWI
5	325 Lundman, Annika	06 Nanaimo & DI	7.23m	NWI

**Girls 14-15 Triple Jump**

Name	Year Team	Finals	Wind
1 361 Skuse, Tyza	04 Nanaimo & DI	9.63m	+0.0
2 329 Menard, Carys	04 Nanaimo & DI	9.49m	+0.0
3 322 Kirk, Emma	05 Nanaimo & DI	9.25m	+0.0
4 174 Simmons, Lacie	05 Campbell Riv	9.15m	0.6
5 105 Greekas, Ari	04 Alberni Vall	8.00m	NWI

**Girls 9 Year Olds Shot Put 2 kg**

Name	Year Team	Finals
1 163 Lofstrom, Kaylie	10 Campbell Riv	5.11m
2 192 Pfeifer, Lyla	10 Comox Valley	4.02m
3 383 Hendriks, Chantell	10 Oceanside TR	4.00m

**Girls 10 Year Olds Shot Put 2 kg**

Name	Year Team	Finals
1 333 Moonsamy, Anishka	09 Nanaimo & DI	6.57m
2 264 Weir, Nevaeh	09 Cowichan Val	4.19m
3 380 Desvaux, Sophia	09 Oceanside TR	3.79m
4 150 Cliffe, Elizabeth	09 Campbell Riv	3.39m

**Girls 11 Year Olds Shot Put 2 kg**

Name	Year Team	Finals
1 158 Hoffman, Victoria	08 Campbell Riv	7.19m
2 387 Hughes, Norah	08 Oceanside TR	6.94m
3 384 Hendriks, Julianne	08 Oceanside TR	6.07m
4 404 Liefsoens, Nelle	08 Powell River	5.90m
5 133 Nadiger, Cassidy	08 Athletics Vi	5.23m
6 378 Cole, Heidi	08 Oceanside TR	4.92m
7 251 Pepper, Ashley	08 Cowichan Val	4.19m
8 178 Faulkner, Claire	08 Comox Valley	3.95m
9 269 Work, Crystal	08 Cowichan Val	3.49m

**Girls 12 Year Olds Shot Put 3 kg**

Name	Year Team	Finals
1 219 Douglas, Jaeda	07 Cowichan Val	7.58m
2 357 Russell, Lucy	07 Nanaimo & DI	7.39m
3 218 Doehler, Julia	07 Cowichan Val	6.14m
4 177 Doty-Brown, Payge	07 Comox Valley	5.52m
5 176 Burry, Erika	07 Comox Valley	5.46m
6 191 Parker, Thea	07 Comox Valley	5.01m
7 144 Williams, Ella	07 Athletics Vi	4.95m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Girls 12 Year Olds Shot Put 3 kg**

8	206	Beaton, Sophia	07	Cowichan Val	4.79m
9	234	Lazenby, Danika	07	Cowichan Val	4.50m
10	103	Allatt-Miles, Lail	07	Alberni Vall	4.34m
11	208	Blumel, Annette	07	Cowichan Val	4.01m
12	230	Johnston, Tori	07	Cowichan Val	3.59m

**Girls 13 Year Olds Shot Put 3 kg**

Name	Year	Team	Finals	
1	179	Ho Jackson, Morgan	06 Comox Valley	7.53m
2	129	Maybie, Katelyn	06 Athletics Vi	7.43m
3	354	Putz, Katelyn	06 Nanaimo & DI	7.13m
4	156	Hoffman, Elisabeth	06 Campbell Riv	6.97m
5	199	Smits, Quinn	06 Comox Valley	6.70m
6	328	Martin, Haley	06 Nanaimo & DI	6.37m
7	385	Hendriks, Maria	06 Oceanside TR	6.24m
8	348	Park, Jasmine	06 Nanaimo & DI	6.06m
9	244	Menzies, Nehayla	06 Cowichan Val	5.45m
10	107	Hall, Victoria	06 Alberni Vall	5.20m
11	403	Liefsoens, Luce	06 Powell River	4.71m

**Girls 14-15 Shot Put 3 kg**

Name	Year	Team	Finals	
1	106	Hall, Isabella	04 Alberni Vall	10.18m
2	305	Drake, Serenna	05 Nanaimo & DI	9.45m
3	322	Kirk, Emma	05 Nanaimo & DI	9.11m
4	131	Mesman, Chelsea	05 Athletics Vi	8.52m
5	392	Waite, Annika	05 Oceanside TR	7.88m
6	186	Morfitt, Gabrielle	05 Comox Valley	7.27m
7	350	Paugh, Makenna	05 Nanaimo & DI	7.15m
8	366	Vannini, Autumn	05 Nanaimo & DI	6.45m
9	105	Greekas, Ari	04 Alberni Vall	6.38m

**Girls 10 Year Olds Discus Throw 750 g**

Name	Year	Team	Finals	
1	333	Moonsamy, Anishka	09 Nanaimo & DI	12.08m
2	264	Weir, Nevaeh	09 Cowichan Val	10.27m
3	128	Martin, Elly	09 Athletics Vi	9.81m
4	150	Cliffe, Elizabeth	09 Campbell Riv	8.58m
5	380	Desvaux, Sophia	09 Oceanside TR	8.30m
6	292	Bell, Tessa	09 Nanaimo & DI	6.66m
7	145	Yarrow, Ayana	09 Athletics Vi	6.59m

**Girls 11 Year Olds Discus Throw 750 g**

Name	Year	Team	Finals	
1	371	Wiggers, Charlotte	08 Nanaimo & DI	16.54m
2	158	Hoffman, Victoria	08 Campbell Riv	15.98m
3	153	Gauthier, Karis	08 Campbell Riv	15.93m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Girls 11 Year Olds Discus Throw 750 g**

4	387 Hughes, Norah	08	Oceanside TR	14.21m
5	222 Forcier, Makenna	08	Cowichan Val	13.70m
6	384 Hendriks, Julianne	08	Oceanside TR	13.37m
7	404 Liefsoens, Nelle	08	Powell River	13.08m
8	251 Pepper, Ashley	08	Cowichan Val	10.75m
9	204 Wesner, Maile	08	Comox Valley	10.45m
10	133 Nadiger, Cassidy	08	Athletics Vi	9.90m
11	182 Kerr, Gwenyth	08	Comox Valley	9.30m
12	178 Faulkner, Claire	08	Comox Valley	9.17m
13	378 Cole, Heidi	08	Oceanside TR	5.58m
14	248 Miranda, Mila	08	Cowichan Val	3.40m

**Girls 12 Year Olds Discus Throw 750 g**

Name	Year	Team	Finals	
1	219	Douglas, Jaeda	07 Cowichan Val	19.44m
2	177	Doty-Brown, Payge	07 Comox Valley	18.02m
3	218	Doehler, Julia	07 Cowichan Val	17.65m
4	234	Lazenby, Danika	07 Cowichan Val	15.92m
5	261	Wedmann-Kent, Nova	07 Cowichan Val	13.62m
6	144	Williams, Ella	07 Athletics Vi	13.08m
7	409	Andulajevic, Molly	07 Unattached B	12.82m
8	230	Johnston, Tori	07 Cowichan Val	12.27m
9	259	Titone, Maëlle	07 Cowichan Val	11.84m
10	224	Harper, Stella	07 Cowichan Val	9.54m
10	191	Parker, Thea	07 Comox Valley	9.54m

**Girls 13 Year Olds Discus Throw 750 g**

Name	Year	Team	Finals	
1	199	Smits, Quinn	06 Comox Valley	21.84m
2	156	Hoffman, Elisabeth	06 Campbell Riv	19.85m
3	338	Myint, Katelyn	06 Nanaimo & DI	18.95m
4	385	Hendriks, Maria	06 Oceanside TR	18.26m
5	154	Gauthier, Maren	06 Campbell Riv	16.47m
6	324	Louie, Ella	06 Nanaimo & DI	14.77m
7	403	Liefsoens, Luce	06 Powell River	14.45m
8	314	Henderson, Avery	06 Nanaimo & DI	14.25m
9	179	Ho Jackson, Morgan	06 Comox Valley	14.02m
10	246	Minka, Agata	06 Cowichan Val	13.65m
11	325	Lundman, Annika	06 Nanaimo & DI	12.24m

**Girls 14-15 Discus Throw 1 kg**

Name	Year	Team	Finals	
1	106	Hall, Isabella	04 Alberni Vall	24.56m
2	350	Paugh, Makenna	05 Nanaimo & DI	24.26m
3	131	Mesman, Chelsea	05 Athletics Vi	23.80m
4	305	Drake, Serenna	05 Nanaimo & DI	23.24m
5	186	Morfitt, Gabrielle	05 Comox Valley	23.09m
6	366	Vannini, Autumn	05 Nanaimo & DI	21.46m
7	147	Chatterton, Anna	04 Campbell Riv	18.56m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Girls 14-15 Discus Throw 1 kg**

8	174	Simmons, Lacie	05 Campbell Riv	12.89m
--	151	Danielson, Kiana	05 Campbell Riv	FOUL

**Girls 12 Year Olds Hammer Throw 3 kg**

Name	Year	Team	Finals	
1	219	Douglas, Jaeda	07 Cowichan Val	20.40m
2	177	Doty-Brown, Payge	07 Comox Valley	18.39m
3	176	Burrry, Erika	07 Comox Valley	15.38m
4	191	Parker, Thea	07 Comox Valley	14.99m
5	234	Lazenby, Danika	07 Cowichan Val	14.44m
6	103	Allatt-Miles, Lail	07 Alberni Vall	13.52m
7	409	Andulajevic, Molly	07 Unattached B	12.54m
8	230	Johnston, Tori	07 Cowichan Val	10.48m
9	208	Blumel, Annette	07 Cowichan Val	6.16m

**Girls 13 Year Olds Hammer Throw 3 kg**

Name	Year	Team	Finals	
1	385	Hendriks, Maria	06 Oceanside TR	26.06m
2	354	Putz, Katelyn	06 Nanaimo & DI	23.94m
3	156	Hoffman, Elisabeth	06 Campbell Riv	23.04m
4	199	Smits, Quinn	06 Comox Valley	22.44m
5	107	Hall, Victoria	06 Alberni Vall	20.92m
6	325	Lundman, Annika	06 Nanaimo & DI	20.20m
7	348	Park, Jasmine	06 Nanaimo & DI	16.54m
8	244	Menzies, Nehayla	06 Cowichan Val	14.74m
9	403	Liefsoens, Luce	06 Powell River	13.01m

**Girls 14-15 Hammer Throw 3 kg**

Name	Year	Team	Finals	
1	106	Hall, Isabella	04 Alberni Vall	44.25m
2	186	Morfitt, Gabrielle	05 Comox Valley	29.91m
3	233	Lazenby, Alexandra	04 Cowichan Val	27.86m
4	105	Greekas, Ari	04 Alberni Vall	25.78m
5	209	Blumel, Margo	04 Cowichan Val	17.01m

**Girls 10 Year Olds Javelin Throw 400 g**

Name	Year	Team	Finals	
1	264	Weir, Nevaeh	09 Cowichan Val	10.41m
2	210	Buttle, Mila	09 Cowichan Val	9.96m
3	145	Yarrow, Ayana	09 Athletics Vi	9.42m
4	266	Williams, Kionah	09 Cowichan Val	9.19m
5	292	Bell, Tessa	09 Nanaimo & DI	7.67m
6	380	Desvaux, Sophia	09 Oceanside TR	7.55m
7	128	Martin, Elly	09 Athletics Vi	7.24m
8	150	Cliffe, Elizabeth	09 Campbell Riv	5.89m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Girls 11 Year Olds Javelin Throw 400 g**

Name	Year Team	Finals
1 158 Hoffman, Victoria	08 Campbell Riv	23.82m
2 387 Hughes, Norah	08 Oceanside TR	11.54m
3 272 Young, Clodagh	08 Cowichan Val	11.42m
4 269 Work, Crystal	08 Cowichan Val	11.17m
5 133 Nadiger, Cassidy	08 Athletics Vi	10.92m
6 384 Hendriks, Julianne	08 Oceanside TR	10.22m
7 371 Wiggers, Charlotte	08 Nanaimo & DI	10.05m
8 404 Liefsoens, Nelle	08 Powell River	9.80m
9 378 Cole, Heidi	08 Oceanside TR	9.46m
10 204 Wesner, Maile	08 Comox Valley	9.02m
11 251 Pepper, Ashley	08 Cowichan Val	8.96m
12 178 Faulkner, Claire	08 Comox Valley	7.66m
13 248 Miranda, Mila	08 Cowichan Val	3.83m

**Girls 12 Year Olds Javelin Throw 400 g**

Name	Year Team	Finals
1 176 Burry, Erika	07 Comox Valley	28.87m
2 219 Douglas, Jaeda	07 Cowichan Val	19.51m
3 261 Wedmann-Kent, Nova	07 Cowichan Val	16.95m
4 144 Williams, Ella	07 Athletics Vi	14.84m
5 191 Parker, Thea	07 Comox Valley	10.63m
6 230 Johnston, Tori	07 Cowichan Val	10.56m
7 224 Harper, Stella	07 Cowichan Val	6.87m

**Girls 13 Year Olds Javelin Throw 400 g**

Name	Year Team	Finals
1 156 Hoffman, Elisabeth	06 Campbell Riv	28.41m
2 312 Harrison, Avery	06 Nanaimo & DI	25.16m
3 107 Hall, Victoria	06 Alberni Vall	23.33m
4 314 Henderson, Avery	06 Nanaimo & DI	21.67m
5 237 Lenarcic, Katelyn	06 Cowichan Val	21.56m
6 179 Ho Jackson, Morgan	06 Comox Valley	19.56m
7 340 Norman, Aynsley	06 Nanaimo & DI	19.46m
8 403 Liefsoens, Luce	06 Powell River	18.84m
9 385 Hendriks, Maria	06 Oceanside TR	17.83m
10 325 Lundman, Annika	06 Nanaimo & DI	14.22m

**Girls 14-15 Javelin Throw 500 g**

Name	Year Team	Finals
1 365 Urbanowicz, Sonya	04 Nanaimo & DI	30.94m
2 322 Kirk, Emma	05 Nanaimo & DI	27.18m
3 411 Barootes, Brooklyn	05 Unattached B	24.58m
4 147 Chatterton, Anna	04 Campbell Riv	24.16m
5 151 Danielson, Kiana	05 Campbell Riv	21.19m
6 131 Mesman, Chelsea	05 Athletics Vi	19.42m
7 350 Paugh, Makenna	05 Nanaimo & DI	18.04m
8 186 Morfitt, Gabrielle	05 Comox Valley	17.90m



**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Girls 14-15 Javelin Throw 500 g**

9	256 Schoyen, Chloe	05 Cowichan Val	15.42m
---	--------------------	-----------------	--------

**Women 16-17 100 Meter Dash**

Name	Year Team	Finals	Wind	H#
1 279 Desvaux, Juliette	02 Mid Island Distance	12.88	+0.0	2
2 296 Bollinger, Jamie	03 Nanaimo & DI	14.31	+0.0	2
3 165 Milne, Emily	03 Campbell Riv	15.05	+0.0	2
4 108 McKean, Kamryn	02 Alberni Vall	15.21	+0.0	2

**Women 20-34 100 Meter Dash**

Name	Year Team	Finals	Wind	H#
1 126 Irwin, Lara	98 Athletics Vi	14.05	+0.0	2

**Women 40-44 100 Meter Dash**

Name	Year Team	Finals	Wind
1 157 Hoffman, Stefanie	78 Campbell Riv	16.17	NWI

**Women 50-54 100 Meter Dash**

Name	Year Team	Finals	Wind
1 393 Waite, Jane	66 Oceanside TR	16.58	NWI

**Women 60-64 100 Meter Dash**

Name	Year Team	Finals	Wind
1 315 Hendrie, Nola	55 Nanaimo & DI	20.21	NWI

**Women 70-74 100 Meter Dash**

Name	Year Team	Finals	Wind
1 295 Bissessur, Sandra	49 Nanaimo & DI	17.75	NWI

**Women 16-17 200 Meter Dash**

Name	Year Team	Finals	Wind
1 279 Desvaux, Juliette	02 Mid Island Distance	26.68	-1.5
2 197 Sheehan, Meghan	03 Comox Valley	28.61	-1.5

**Women 18-19 200 Meter Dash**

Name	Year Team	Finals	Wind
1 184 Knubley, Kylea	01 Comox Valley	27.91	-1.5

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Women 50-54 200 Meter Dash**

Name	Year Team	Finals	Wind
1 393 Waite, Jane	66 Oceanside TR	33.70	-1.5

**Women 70-74 200 Meter Dash**

Name	Year Team	Finals	Wind
1 295 Bissessur, Sandra	49 Nanaimo & DI	36.86	-1.5

**Women 50-54 400 Meter Dash**

Name	Year Team	Finals
1 393 Waite, Jane	66 Oceanside TR	1:12.76

**Women 70-74 400 Meter Dash**

Name	Year Team	Finals
1 295 Bissessur, Sandra	49 Nanaimo & DI	1:28.99

**Women 16-17 100 Meter Hurdles 10 x 30"**

Name	Year Team	Finals	Wind
1 181 Kennedy, Angelique	02 Comox Valley	16.83	-1.3

**Women 16-17 400 Meter Hurdles 10 x 30"**

Name	Year Team	Finals
1 363 Therrien, Elise	02 Nanaimo & DI	1:12.95
2 293 Benjamin, Julina	02 Nanaimo & DI	1:22.86

**Women 16-17 2000 Meter Steeplechase 30"**

Name	Year Team	Finals
1 101 Loyer, Mackenzie	03 Alberni Dist	8:39.10

**Women 16-17 High Jump**

Name	Year Team	Finals
1 239 Martin, Gina	03 Cowichan Val	1.30m

**Women 20-34 High Jump**

Name	Year Team	Finals
1 126 Irwin, Lara	98 Athletics Vi	1.40m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Women 16-17 Long Jump**

Name	Year Team	Finals	Wind
1 349 Paugh, Madison	03 Nanaimo & DI	5.06m	1.6
2 330 Mitchell, Makayla	02 Nanaimo & DI	4.52m	2.3
3 296 Bollinger, Jamie	03 Nanaimo & DI	4.44m	3.0
4 108 McKean, Kamryn	02 Alberni Vall	4.14m	1.7
5 165 Milne, Emily	03 Campbell Riv	4.10m	2.6

**Women 20-34 Long Jump**

Name	Year Team	Finals	Wind
1 126 Irwin, Lara	98 Athletics Vi	4.47m	1.8

**Women 60-64 Long Jump**

Name	Year Team	Finals	Wind
1 315 Hendrie, Nola	55 Nanaimo & DI	2.54m	3.2

**Women 16-17 Triple Jump**

Name	Year Team	Finals	Wind
1 349 Paugh, Madison	03 Nanaimo & DI	10.63m	+0.0
2 330 Mitchell, Makayla	02 Nanaimo & DI	9.87m	1.3

**Women 16-17 Shot Put 3 kg**

Name	Year Team	Finals
1 108 McKean, Kamryn	02 Alberni Vall	10.25m
2 214 Dailey, Victoria	03 Cowichan Val	7.99m
3 239 Martin, Gina	03 Cowichan Val	7.34m

**Women 40-44 Shot Put 4 kg**

Name	Year Team	Finals
1 157 Hoffman, Stefanie	78 Campbell Riv	6.96m

**Women 50-54 Shot Put 3 kg**

Name	Year Team	Finals
1 227 Hengstler, Julia	67 Cowichan Val	10.97m
2 393 Waite, Jane	66 Oceanside TR	7.19m

**Women 60-64 Shot Put 3 kg**

Name	Year Team	Finals
1 315 Hendrie, Nola	55 Nanaimo & DI	5.86m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Women 16-17 Discus Throw 1 kg**

Name	Year Team	Finals
1 214 Dailey, Victoria	03 Cowichan Val	15.65m

**Women 20-34 Discus Throw 1 kg**

Name	Year Team	Finals
1 122 Esser, Agnes	95 Athletics Vi	58.92m
2 413 Campbell, Diane	94 Unattached B	34.73m

**Women 40-44 Discus Throw 1 kg**

Name	Year Team	Finals
1 157 Hoffman, Stefanie	78 Campbell Riv	20.01m

**Women 50-54 Discus Throw 1 kg**

Name	Year Team	Finals
1 227 Hengstler, Julia	67 Cowichan Val	26.79m
2 393 Waite, Jane	66 Oceanside TR	15.69m

**Women 60-64 Discus Throw 1 kg**

Name	Year Team	Finals
1 315 Hendrie, Nola	55 Nanaimo & DI	14.09m

**Women 80-84 Discus Throw 750 g**

Name	Year Team	Finals
1 400 Morfitt, Peggy	37 Peninsula TR	6.47m

**Women 16-17 Hammer Throw 3 kg**

Name	Year Team	Finals
1 108 McKean, Kamryn	02 Alberni Vall	36.75m
2 214 Dailey, Victoria	03 Cowichan Val	29.72m

**Women 18-19 Hammer Throw 4 kg**

Name	Year Team	Finals
1 275 Price-Roberts, Pho	01 Kamloops Tra	52.16m

**Women 40-44 Hammer Throw 4 kg**

Name	Year Team	Finals
1 157 Hoffman, Stefanie	78 Campbell Riv	22.30m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Women 50-54 Hammer Throw 3 kg**

Name	Year	Team	Finals
1 227 Hengstler, Julia	67	Cowichan Val	28.56m

**Women 60-64 Hammer Throw 3 kg**

Name	Year	Team	Finals
1 315 Hendrie, Nola	55	Nanaimo & DI	16.22m

**Women 80-84 Hammer Throw 2 kg**

Name	Year	Team	Finals
1 400 Morfitt, Peggy	37	Peninsula TR	13.37m

**Women 16-17 Javelin Throw 500 g**

Name	Year	Team	Finals
1 108 McKean, Kamryn	02	Alberni Vall	37.11m
2 349 Paugh, Madison	03	Nanaimo & DI	35.34m
3 214 Dailey, Victoria	03	Cowichan Val	25.91m
4 296 Bollinger, Jamie	03	Nanaimo & DI	16.08m

**Women 18-19 Javelin Throw 600 g**

Name	Year	Team	Finals
1 134 Nguyen, Jess	00	Athletics Vi	27.07m

**Women 20-34 Javelin Throw 600 g**

Name	Year	Team	Finals
1 413 Campbell, Diane	94	Unattached B	39.62m

**Women 40-44 Javelin Throw 600 g**

Name	Year	Team	Finals
1 157 Hoffman, Stefanie	78	Campbell Riv	20.28m

**Women 55-59 Javelin Throw 500 g**

Name	Year	Team	Finals
1 415 Davison, Che	63	Unattached B	18.78m

**Women 75-79 Javelin Throw 400 g**

Name	Year	Team	Finals
1 423 Radcliffe, Marg	42	Unattached B	22.04m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Boys 9 Year Olds 60 Meter Dash**

Name	Year	Team	Finals	Wind	H#
1	195	Scholtz, Jameson	10.09	NWI	1
2	198	Smits, Holden	10.34	NWI	1
3	257	Thompson, Connor	10.81	NWI	1
4	111	Beamish, Conor	10.83	NWI	2
5	268	Woernle, Charlie	11.18	NWI	2
6	270	Work, Jay	11.27	NWI	2
7	235	Lazenby, Robert	12.06	NWI	2
8	263	Weir, Jacob	12.10	NWI	2

**Boys 10 Year Olds 60 Meter Dash**

Name	Year	Team	Finals	Wind	H#
1	382	Folk, Bowen	9.75	NWI	2
2	123	Grange, Liam	9.95	NWI	1
3	377	Bishop, Bowen	9.99	NWI	1
4	155	Granson, Carter	10.08	NWI	2
5	240	Martin, Mason	10.26	NWI	1
6	358	Sam, Hunter	10.35	NWI	1
7	362	Smith, Nolan	10.41	NWI	2
8	245	Miller, Silas	10.54	NWI	2
9	149	Clements, Edwin	10.64	NWI	2
10	397	Holmgren, Emilian	10.91	NWI	2
11	116	Dickinson, Aidan	10.99	NWI	1
12	402	Tuck, Fraser	11.07	NWI	2
13	104	Allatt-Miles, Nels	11.47	NWI	1

**Boys 11 Year Olds 60 Meter Dash**

Name	Year	Team	Finals	Wind	H#
1	427	Venables, Levi	9.02	NWI	1
2	162	Lee, Jason	9.26	NWI	2
3	196	Servos, Tyson	9.81	NWI	2
4	372	Work, Grady	9.86	NWI	1
5	236	Lenarcic, Jackson	9.87	NWI	1
6	299	Corsan, Graeme	9.90	NWI	1
7	249	Munro, Chad	9.91	NWI	1
8	265	Wetzel-Eden, Ryley	9.95	NWI	2
9	247	Minka, Stefan	10.03	NWI	2
10	180	Kanary, Jonah	10.12	NWI	1
11	258	Thompson, Rowan	10.24	NWI	2
12	193	Pfeifer, Noah	10.78	NWI	1

**Boys 9 Year Olds 100 Meter Dash**

Name	Year	Team	Finals	Wind
1	195	Scholtz, Jameson	16.51	NWI
2	399	Krieger, Grayson	17.50	NWI
3	257	Thompson, Connor	18.21	NWI
4	268	Woernle, Charlie	18.28	NWI
5	270	Work, Jay	18.57	NWI

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Boys 9 Year Olds 100 Meter Dash**

6	342	O'Keefe, Taveon	10	Nanaimo & DI	18.89	NWI
7	263	Weir, Jacob	10	Cowichan Val	20.71	NWI

**Boys 10 Year Olds 100 Meter Dash**

Name	Year	Team	Finals	Wind	H#	
1	323	Knight, Charlie	09	Nanaimo & DI	15.37	NWI 1
2	391	Spencer, Joshua	09	Oceanside TR	15.64	NWI 2
3	123	Grange, Liam	09	Athletics Vi	16.28	NWI 1
4	127	Martin, Blake	09	Athletics Vi	16.31	NWI 2
5	377	Bishop, Bowen	09	Oceanside TR	16.36	NWI 3
6	139	Schaddelee, Theo	09	Athletics Vi	16.45	NWI 2
7	382	Folk, Bowen	09	Oceanside TR	16.46	NWI 1
8	358	Sam, Hunter	09	Nanaimo & DI	17.10	NWI 3
9	362	Smith, Nolan	09	Nanaimo & DI	17.12	NWI 3
10	240	Martin, Mason	09	Cowichan Val	17.32	NWI 1
11	397	Holmgren, Emilian	09	Peninsula TR	17.47	NWI 3
12	245	Miller, Silas	09	Cowichan Val	17.52	NWI 2
13	232	Laird, Lincoln	09	Cowichan Val	18.56	NWI 1
14	351	Paugh, Tyson	09	Nanaimo & DI	18.87	NWI 2
15	368	Warn, Kaiden	09	Nanaimo & DI	18.93	NWI 1
16	104	Allatt-Miles, Nels	09	Alberni Vall	19.71	NWI 3

**Boys 11 Year Olds 100 Meter Dash**

Name	Year	Team	Finals	Wind	H#	
1	294	Berry, Sullivan	08	Nanaimo & DI	14.98	NWI 2
2	162	Lee, Jason	08	Campbell Riv	15.15	NWI 2
2	115	Dezall, Venice	08	Athletics Vi	15.15	NWI 1
4	306	Esleyer, Gavin	08	Nanaimo & DI	15.22	NWI 1
5	112	Breton, Cash	08	Athletics Vi	15.37	NWI 1
6	189	O'Brennan, Sulliva	08	Comox Valley	15.70	NWI 2
7	236	Lenarcic, Jackson	08	Cowichan Val	16.02	NWI 1
8	180	Kanary, Jonah	08	Comox Valley	16.44	NWI 2
9	265	Wetzel-Eden, Ryley	08	Cowichan Val	16.54	NWI 1
10	249	Munro, Chad	08	Cowichan Val	16.58	NWI 2
11	247	Minka, Stefan	08	Cowichan Val	16.63	NWI 2
12	307	Finstad, Brody	08	Nanaimo & DI	16.78	NWI 1
13	138	Potosnak, Otto	08	Athletics Vi	16.90	NWI 2
14	258	Thompson, Rowan	08	Cowichan Val	16.98	NWI 1

**Boys 12 Year Olds 100 Meter Dash**

Name	Year	Team	Finals	Wind	H#	
1	164	Lofstrom, Ryan	07	Campbell Riv	14.47	NWI 2
2	313	Harvey, Emerson	07	Nanaimo & DI	15.33	NWI 1
3	319	Hosler, Elliot	07	Nanaimo & DI	15.35	NWI 2
4	172	Siah, Khayam	07	Campbell Riv	15.45	NWI 2
5	188	O'Brennan, Hudson	07	Comox Valley	15.77	NWI 1
6	161	Konkle-Skuse, Ryle	07	Campbell Riv	16.26	NWI 1
7	146	Berkey, Shea	07	Campbell Riv	16.27	NWI 1
8	148	Chatterton, Gavin	07	Campbell Riv	16.57	NWI 2

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Boys 12 Year Olds 100 Meter Dash**

9	207	Bigotte-Bruhn, Lie	07	Cowichan Val	16.78	NWI	1
---	-----	--------------------	----	--------------	-------	-----	---

**Boys 13 Year Olds 100 Meter Dash**

Name	Year	Team	Finals	Wind		
1	412	Blom, David	06	Unattached B	13.86	NWI
2	201	Sterk, Sam	06	Comox Valley	13.99	NWI
3	243	McKenzie-Kissinger	06	Cowichan Val	14.83	NWI
4	267	Williamson, Grey	06	Cowichan Val	14.85	NWI
5	332	Mnguni, Maxwell	06	Nanaimo & DI	15.00	NWI
6	160	Kerluck, Dane	06	Campbell Riv	16.70	NWI

**Boys 11 Year Olds 200 Meter Dash**

Name	Year	Team	Finals	Wind	H#		
1	427	Venables, Levi	08	Unattached B	30.62	-0.9	1
2	162	Lee, Jason	08	Campbell Riv	31.90	-1.9	2
3	196	Servos, Tyson	08	Comox Valley	32.24	-2.5	3
4	236	Lenarcic, Jackson	08	Cowichan Val	33.10	-1.9	2
5	299	Corsan, Graeme	08	Nanaimo & DI	33.20	-0.9	1
6	307	Finstad, Brody	08	Nanaimo & DI	33.23	-2.5	3
7	337	Myint, Christian	08	Nanaimo & DI	33.36	-2.5	3
8	180	Kanary, Jonah	08	Comox Valley	33.63	-1.9	2
9	247	Minka, Stefan	08	Cowichan Val	34.04	-1.9	2
10	249	Munro, Chad	08	Cowichan Val	35.64	-0.9	1
11	258	Thompson, Rowan	08	Cowichan Val	36.09	-2.5	3
12	265	Wetzel-Eden, Ryley	08	Cowichan Val	38.04	-2.5	3
13	347	Park, Brody	08	Nanaimo & DI	39.20	-1.9	2

**Boys 12 Year Olds 200 Meter Dash**

Name	Year	Team	Finals	Wind	H#		
1	164	Lofstrom, Ryan	07	Campbell Riv	30.57	-2.5	2
2	313	Harvey, Emerson	07	Nanaimo & DI	31.08	-2.5	2
3	172	Siah, Khayam	07	Campbell Riv	32.19	-2.5	2
4	142	Trousil, Rowan	07	Athletics Vi	32.85	-1.7	1
5	376	Binet, Tymartin	07	Oceanside TR	33.02	-2.5	2
6	146	Berkey, Shea	07	Campbell Riv	33.14	-1.7	1
7	207	Bigotte-Bruhn, Lie	07	Cowichan Val	33.26	-2.5	2
8	359	Shurniak, Hunter	07	Nanaimo & DI	33.64	-1.7	1
9	161	Konkle-Skuse, Ryle	07	Campbell Riv	33.68	-2.5	2
10	287	Anaka, Austin	07	Nanaimo & DI	34.66	-2.5	2

**Boys 13 Year Olds 200 Meter Dash**

Name	Year	Team	Finals	Wind		
1	412	Blom, David	06	Unattached B	27.82	-2.3
2	201	Sterk, Sam	06	Comox Valley	28.93	-2.3
3	243	McKenzie-Kissinger	06	Cowichan Val	30.30	-2.3
4	332	Mnguni, Maxwell	06	Nanaimo & DI	31.96	-2.3



**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Boys 14-15 200 Meter Dash**

Name	Year Team	Finals	Wind
1 334 Moonsamy, Krescyn	05 Nanaimo & DI	24.33	-1.1
2 203 Tansky, Ethan	04 Comox Valley	25.91	-1.1
3 297 Bollinger, Robert	05 Nanaimo & DI	27.15	-1.1

**Boys 12 Year Olds 300 Meter Dash**

Name	Year Team	Finals
1 164 Lofstrom, Ryan	07 Campbell Riv	49.21
2 172 Siah, Khayam	07 Campbell Riv	50.63
3 146 Berkey, Shea	07 Campbell Riv	51.41
4 188 O'Brennan, Hudson	07 Comox Valley	54.68
5 359 Shurniak, Hunter	07 Nanaimo & DI	54.74

**Boys 13 Year Olds 300 Meter Dash**

Name	Year Team	Finals
1 243 McKenzie-Kissinger	06 Cowichan Val	47.02
2 201 Sterk, Sam	06 Comox Valley	47.29

**Boys 14-15 300 Meter Dash**

Name	Year Team	Finals
1 297 Bollinger, Robert	05 Nanaimo & DI	45.39
2 217 Doehler, Jack	05 Cowichan Val	47.17

**Boys 9 Year Olds 600 Meter Run**

Name	Year Team	Finals
1 130 McArthur, Max	10 Athletics Vi	2:01.97
2 111 Beamish, Conor	10 Athletics Vi	2:11.67
3 198 Smits, Holden	10 Comox Valley	2:17.14
4 257 Thompson, Connor	10 Cowichan Val	2:17.46
5 235 Lazenby, Robert	10 Cowichan Val	2:36.62

**Boys 10 Year Olds 600 Meter Run**

Name	Year Team	Finals
1 323 Knight, Charlie	09 Nanaimo & DI	2:01.18
2 382 Folk, Bowen	09 Oceanside TR	2:01.83
3 240 Martin, Mason	09 Cowichan Val	2:08.83
4 362 Smith, Nolan	09 Nanaimo & DI	2:09.84
5 155 Granson, Carter	09 Campbell Riv	2:10.62
6 377 Bishop, Bowen	09 Oceanside TR	2:11.27
7 358 Sam, Hunter	09 Nanaimo & DI	2:14.34
8 245 Miller, Silas	09 Cowichan Val	2:18.10
9 351 Paugh, Tyson	09 Nanaimo & DI	2:28.18

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Boys 11 Year Olds 600 Meter Run**

Name	Year	Team	Finals
1	427	Venables, Levi	08 Unattached B 1:55.19
2	236	Lenarcic, Jackson	08 Cowichan Val 1:57.67
3	337	Myint, Christian	08 Nanaimo & DI 2:00.61
4	291	Beaudoin, Rhys	08 Nanaimo & DI 2:02.75
5	396	Franey, Egan	08 Peninsula TR 2:08.16
6	258	Thompson, Rowan	08 Cowichan Val 2:11.84
7	193	Pfeifer, Noah	08 Comox Valley 2:11.87
8	249	Munro, Chad	08 Cowichan Val 2:14.12
9	125	Hooker, Jack	08 Athletics Vi 2:14.72
10	265	Wetzel-Eden, Ryley	08 Cowichan Val 2:17.23
11	347	Park, Brody	08 Nanaimo & DI 2:17.59

**Boys 12 Year Olds 800 Meter Run**

Name	Year	Team	Finals
1	172	Siah, Khayam	07 Campbell Riv 2:35.95
2	341	O'Hara, Niall	07 Nanaimo & DI 2:38.39
3	148	Chatterton, Gavin	07 Campbell Riv 2:40.14
4	287	Anaka, Austin	07 Nanaimo & DI 2:49.22

**Boys 13 Year Olds 800 Meter Run**

Name	Year	Team	Finals
1	243	McKenzie-Kissinger	06 Cowichan Val 2:31.34
2	364	Therrien, Sacha	06 Nanaimo & DI 2:34.88

**Boys 14-15 800 Meter Run**

Name	Year	Team	Finals
1	370	Watson, Jayden	04 Nanaimo & DI 2:10.46
2	280	Flint, William	04 Mid Island Distance 2:24.02
3	297	Bollinger, Robert	05 Nanaimo & DI 2:31.73
4	215	Danielewicz, Joel	04 Cowichan Val 2:39.38
5	217	Doehler, Jack	05 Cowichan Val 2:40.07
6	213	Dailey, Graeme	04 Cowichan Val 2:41.68

**Boys 9 1000 Meter Run**

Name	Year	Team	Finals	H#
1	257	Thompson, Connor	10 Cowichan Val 3:55.94	2
2	302	Cunning, Carter	10 Nanaimo & DI 4:01.43	2
3	268	Woernle, Charlie	10 Cowichan Val 4:13.54	2
4	342	O'Keefe, Taveon	10 Nanaimo & DI 4:18.49	2
5	430	Pighin, Chase	10 Vernon Amate 4:18.56	2

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Boys 10 1000 Meter Run**

Name	Year Team	Finals	H#
1 323 Knight, Charlie	09 Nanaimo & DI	3:42.20	2
2 382 Folk, Bowen	09 Oceanside TR	3:44.59	2
3 362 Smith, Nolan	09 Nanaimo & DI	3:44.95	2
4 391 Spencer, Joshua	09 Oceanside TR	3:48.84	2
5 397 Holmgren, Emilian	09 Peninsula TR	4:00.27	2
6 417 Hunt, Ethan	09 Unattached B	4:11.02	2

**Boys 11 1000 Meter Run**

Name	Year Team	Finals	H#
1 306 Esleyer, Gavin	08 Nanaimo & DI	3:37.36	1
2 396 Franey, Egan	08 Peninsula TR	3:41.16	1
3 236 Lenarcic, Jackson	08 Cowichan Val	3:41.26	2
4 258 Thompson, Rowan	08 Cowichan Val	3:42.17	1
5 189 O'Brennan, Sulliva	08 Comox Valley	3:45.05	1
6 193 Pfeifer, Noah	08 Comox Valley	3:46.26	1
7 337 Myint, Christian	08 Nanaimo & DI	3:50.36	1
8 138 Potosnak, Otto	08 Athletics Vi	3:51.61	1
9 249 Munro, Chad	08 Cowichan Val	4:04.85	1
10 265 Wetzal-Eden, Ryley	08 Cowichan Val	4:21.52	1

**Boys 12 1200 Meter Run**

Name	Year Team	Finals
1 341 O'Hara, Niall	07 Nanaimo & DI	4:07.26
2 148 Chatterton, Gavin	07 Campbell Riv	4:07.97
3 172 Siah, Khayam	07 Campbell Riv	4:08.09

**Boys 13 1200 Meter Run**

Name	Year Team	Finals
1 212 Cizeron, Gray	06 Cowichan Val	4:36.84
2 389 Schnider, Taylor	06 Oceanside TR	4:37.84
3 160 Kerluck, Dane	06 Campbell Riv	4:38.20

**Boys 14-15 1200 Meter Run**

Name	Year Team	Finals
1 335 Moore, Mateo	04 Nanaimo & DI	3:49.19
2 280 Flint, William	04 Mid Island Distance	3:55.65
3 301 Croome, Zachary	05 Nanaimo & DI	3:57.09
4 215 Danielewicz, Joel	04 Cowichan Val	4:10.73
5 217 Doehler, Jack	05 Cowichan Val	4:11.42

**Boys 13 2000 Meter Run**

Name	Year Team	Finals
1 360 Shurniak, Kynan	06 Nanaimo & DI	7:11.21

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Boys 14-15 2000 Meter Run**

Name	Year Team	Finals
1 335 Moore, Mateo	04 Nanaimo & DI	6:54.07
2 301 Croome, Zachary	05 Nanaimo & DI	7:04.49

**Boys 9 Year Olds 60 Meter Hurdles 6 x 21"**

Name	Year Team	Finals	Wind
1 195 Scholtz, Jameson	10 Comox Valley	12.53	NWI
2 257 Thompson, Connor	10 Cowichan Val	12.69	NWI
3 268 Woernle, Charlie	10 Cowichan Val	13.22	NWI
4 302 Cunning, Carter	10 Nanaimo & DI	13.52	NWI
5 270 Work, Jay	10 Cowichan Val	14.19	NWI
6 235 Lazenby, Robert	10 Cowichan Val	15.23	NWI
7 342 O'Keefe, Taveon	10 Nanaimo & DI	15.61	NWI
8 263 Weir, Jacob	10 Cowichan Val	16.02	NWI

**Boys 10 Year Olds 60 Meter Hurdles 6 x 24"**

Name	Year Team	Finals	Wind	H#
1 391 Spencer, Joshua	09 Oceanside TR	11.31	NWI	2
2 323 Knight, Charlie	09 Nanaimo & DI	11.72	NWI	2
3 358 Sam, Hunter	09 Nanaimo & DI	12.23	NWI	2
4 362 Smith, Nolan	09 Nanaimo & DI	12.43	NWI	1
5 139 Schaddelee, Theo	09 Athletics Vi	12.49	NWI	1
6 123 Grange, Liam	09 Athletics Vi	12.67	NWI	1
7 245 Miller, Silas	09 Cowichan Val	13.48	NWI	2
8 116 Dickinson, Aidan	09 Athletics Vi	13.55	NWI	1
9 417 Hunt, Ethan	09 Unattached B	14.55	NWI	2
10 104 Allatt-Miles, Nels	09 Alberni Vall	14.94	NWI	2

**Boys 11 Year Olds 60 Meter Hurdles 6 x 24"**

Name	Year Team	Finals	Wind	H#
1 236 Lenarcic, Jackson	08 Cowichan Val	10.81	NWI	1
2 162 Lee, Jason	08 Campbell Riv	11.06	NWI	2
3 189 O'Brennan, Sulliva	08 Comox Valley	11.11	NWI	1
4 115 Dezall, Venice	08 Athletics Vi	11.15	NWI	1
5 306 Esleyer, Gavin	08 Nanaimo & DI	11.42	NWI	2
6 249 Munro, Chad	08 Cowichan Val	11.92	NWI	2
7 265 Wetzal-Eden, Ryley	08 Cowichan Val	12.00	NWI	2
8 138 Potosnak, Otto	08 Athletics Vi	12.39	NWI	2
9 258 Thompson, Rowan	08 Cowichan Val	12.51	NWI	1
10 337 Myint, Christian	08 Nanaimo & DI	12.80	NWI	2

**Boys 12 Year Olds 80 Meter Hurdles 8 x 27"**

Name	Year Team	Finals	Wind
1 313 Harvey, Emerson	07 Nanaimo & DI	14.63	NWI
2 172 Siah, Khayam	07 Campbell Riv	14.94	NWI
3 148 Chatterton, Gavin	07 Campbell Riv	15.44	NWI

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Boys 12 Year Olds 80 Meter Hurdles 8 x 27"**

4	319	Hosler, Elliot	07 Nanaimo & DI	15.67	NWI
5	161	Konkle-Skuse, Ryle	07 Campbell Riv	15.69	NWI
6	146	Berkey, Shea	07 Campbell Riv	16.01	NWI

**Boys 13 Year Olds 80 Meter Hurdles 8 x 30"**

Name	Year	Team	Finals	Wind
1	267	Williamson, Grey	06 Cowichan Val	16.13 1.3
2	389	Schnider, Taylor	06 Oceanside TR	16.18 1.3
3	160	Kerluck, Dane	06 Campbell Riv	17.05 1.3

**Boys 14-15 100 Meter Hurdles 10 x 33"**

Name	Year	Team	Finals	Wind
1	318	Horvath, Benedek	05 Nanaimo & DI	18.65 1.6

**Boys 12 Year Olds 200 Meter Hurdles 5 x 24"**

Name	Year	Team	Finals	Wind
1	172	Siah, Khayam	07 Campbell Riv	32.04 NWI
2	313	Harvey, Emerson	07 Nanaimo & DI	32.25 NWI
3	161	Konkle-Skuse, Ryle	07 Campbell Riv	34.08 NWI
4	319	Hosler, Elliot	07 Nanaimo & DI	34.57 NWI
5	148	Chatterton, Gavin	07 Campbell Riv	34.60 NWI
6	146	Berkey, Shea	07 Campbell Riv	34.89 NWI

**Boys 13 Year Olds 200 Meter Hurdles 5 x 27"**

Name	Year	Team	Finals	Wind
1	201	Sterk, Sam	06 Comox Valley	30.65 NWI

**Boys 14-15 300 Meter Hurdles 7 x 30"**

Name	Year	Team	Finals
1	203	Tansky, Ethan	04 Comox Valley 43.62
2	318	Horvath, Benedek	05 Nanaimo & DI 48.55
3	242	Mayer, Evan	05 Cowichan Val 50.72

**Boys 14-15 1500 Meter Steeplechase 30" NO WATER**

Name	Year	Team	Finals
1	353	Putz, Jake	04 Nanaimo & DI 4:47.18
2	301	Croome, Zachary	05 Nanaimo & DI 5:35.13
3	318	Horvath, Benedek	05 Nanaimo & DI 5:49.35

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Boys 9 Year Olds High Jump**

Name	Year	Team	Finals
1 195 Scholtz, Jameson	10	Comox Valley	0.95m
2 302 Cunning, Carter	10	Nanaimo & DI	0.90m
3 399 Krieger, Grayson	10	Peninsula TR	0.85m
4 270 Work, Jay	10	Cowichan Val	0.80m
-- 342 O'Keefe, Taveon	10	Nanaimo & DI	NH
-- 257 Thompson, Connor	10	Cowichan Val	NH
-- 263 Weir, Jacob	10	Cowichan Val	NH
-- 235 Lazenby, Robert	10	Cowichan Val	NH

**Boys 10 Year Olds High Jump**

Name	Year	Team	Finals
1 391 Spencer, Joshua	09	Oceanside TR	1.15m
2 377 Bishop, Bowen	09	Oceanside TR	1.10m
3 123 Grange, Liam	09	Athletics Vi	1.05m
3 240 Martin, Mason	09	Cowichan Val	1.05m
5 232 Laird, Lincoln	09	Cowichan Val	1.00m
5 362 Smith, Nolan	09	Nanaimo & DI	1.00m
5 116 Dickinson, Aidan	09	Athletics Vi	1.00m
5 323 Knight, Charlie	09	Nanaimo & DI	1.00m
5 127 Martin, Blake	09	Athletics Vi	1.00m
10 229 Irvine, Nathan	09	Cowichan Val	0.95m
10 358 Sam, Hunter	09	Nanaimo & DI	0.95m
12 368 Warn, Kaiden	09	Nanaimo & DI	0.80m
-- 245 Miller, Silas	09	Cowichan Val	NH

**Boys 11 Year Olds High Jump**

Name	Year	Team	Finals
1 236 Lenarcic, Jackson	08	Cowichan Val	1.33m
2 180 Canary, Jonah	08	Comox Valley	1.25m
3 294 Berry, Sullivan	08	Nanaimo & DI	1.20m
4 189 O'Brennan, Sulliva	08	Comox Valley	1.15m
4 258 Thompson, Rowan	08	Cowichan Val	1.15m
4 396 Franey, Egan	08	Peninsula TR	1.15m
4 337 Myint, Christian	08	Nanaimo & DI	1.15m
8 249 Munro, Chad	08	Cowichan Val	1.05m
-- 265 Wetzal-Eden, Ryley	08	Cowichan Val	NH

**Boys 12 Year Olds High Jump**

Name	Year	Team	Finals
1 319 Hosler, Elliot	07	Nanaimo & DI	1.30m
1 313 Harvey, Emerson	07	Nanaimo & DI	1.30m
3 146 Berkey, Shea	07	Campbell Riv	1.20m
3 161 Konkle-Skuse, Ryle	07	Campbell Riv	1.20m
5 148 Chatterton, Gavin	07	Campbell Riv	1.10m
5 359 Shurniak, Hunter	07	Nanaimo & DI	1.10m
-- 207 Bigotte-Bruhn, Lie	07	Cowichan Val	NH

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Boys 13 Year Olds High Jump**

Name	Year Team	Finals
1 119 Dutchak, Callum	06 Athletics Vi	1.35m
2 389 Schnider, Taylor	06 Oceanside TR	1.30m
2 170 Paradis, Mitchell	06 Campbell Riv	1.30m
2 332 Mnguni, Maxwell	06 Nanaimo & DI	1.30m
2 360 Shurniak, Kynan	06 Nanaimo & DI	1.30m
6 241 Martin, Nolan	06 Cowichan Val	1.20m
7 212 Cizeron, Gray	06 Cowichan Val	1.15m

**Boys 14-15 High Jump**

Name	Year Team	Finals
1 190 Parker, Haden	05 Comox Valley	1.40m
1 318 Horvath, Benedek	05 Nanaimo & DI	1.40m
1 242 Mayer, Evan	05 Cowichan Val	1.40m

**Boys 9 Year Olds Long Jump**

Name	Year Team	Finals	Wind
1 130 McArthur, Max	10 Athletics Vi	3.38m	NWI
2 195 Scholtz, Jameson	10 Comox Valley	3.22m	NWI
3 198 Smits, Holden	10 Comox Valley	3.06m	NWI
4 111 Beamish, Conor	10 Athletics Vi	3.04m	NWI
5 268 Woernle, Charlie	10 Cowichan Val	2.79m	NWI
6 270 Work, Jay	10 Cowichan Val	2.62m	NWI
7 257 Thompson, Connor	10 Cowichan Val	2.41m	NWI
8 235 Lazenby, Robert	10 Cowichan Val	2.39m	NWI
9 263 Weir, Jacob	10 Cowichan Val	2.18m	NWI

**Boys 10 Year Olds Long Jump**

Name	Year Team	Finals	Wind
1 323 Knight, Charlie	09 Nanaimo & DI	3.80m	NWI
2 155 Granson, Carter	09 Campbell Riv	3.38m	NWI
3 229 Irvine, Nathan	09 Cowichan Val	3.23m	NWI
4 123 Grange, Liam	09 Athletics Vi	3.21m	NWI
5 149 Clements, Edwin	09 Campbell Riv	3.12m	NWI
5 362 Smith, Nolan	09 Nanaimo & DI	3.12m	NWI
7 240 Martin, Mason	09 Cowichan Val	3.11m	NWI
8 245 Miller, Silas	09 Cowichan Val	3.01m	NWI
9 377 Bishop, Bowen	09 Oceanside TR	2.96m	NWI
10 220 Fenton, Michael	09 Cowichan Val	2.69m	NWI
11 397 Holmgren, Emilian	09 Peninsula TR	2.60m	NWI
12 368 Warn, Kaiden	09 Nanaimo & DI	2.53m	NWI
13 402 Tuck, Fraser	09 Peninsula TR	2.52m	NWI
14 351 Paugh, Tyson	09 Nanaimo & DI	2.42m	NWI
15 382 Folk, Bowen	09 Oceanside TR	1.99m	NWI
16 104 Allatt-Miles, Nels	09 Alberni Vall	1.85m	NWI
-- 116 Dickinson, Aidan	09 Athletics Vi	FOUL	

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Boys 11 Year Olds Long Jump**

Name	Year Team	Finals	Wind
1 236 Lenarcic, Jackson	08 Cowichan Val	4.10m	NWI
2 375 Binet, Luc	08 Oceanside TR	3.69m	NWI
3 265 Wetzels-Eden, Ryley	08 Cowichan Val	3.67m	NWI
4 196 Servos, Tyson	08 Comox Valley	3.60m	NWI
5 162 Lee, Jason	08 Campbell Riv	3.56m	NWI
6 258 Thompson, Rowan	08 Cowichan Val	3.47m	NWI
7 396 Franey, Egan	08 Peninsula TR	3.43m	NWI
8 125 Hooker, Jack	08 Athletics Vi	J3.43m	NWI
9 249 Munro, Chad	08 Cowichan Val	3.33m	NWI
10 307 Finstad, Brody	08 Nanaimo & DI	3.29m	NWI
11 291 Beaudoin, Rhys	08 Nanaimo & DI	3.23m	NWI
12 180 Canary, Jonah	08 Comox Valley	J3.23m	NWI
13 372 Work, Grady	08 Nanaimo & DI	3.14m	NWI
14 193 Pfeifer, Noah	08 Comox Valley	3.01m	NWI
15 337 Myint, Christian	08 Nanaimo & DI	2.63m	NWI
16 347 Park, Brody	08 Nanaimo & DI	2.62m	NWI

**Boys 12 Year Olds Long Jump**

Name	Year Team	Finals	Wind
1 313 Harvey, Emerson	07 Nanaimo & DI	4.10m	NWI
2 161 Konkle-Skuse, Ryle	07 Campbell Riv	3.87m	NWI
3 341 O'Hara, Niall	07 Nanaimo & DI	3.81m	NWI
4 146 Berkey, Shea	07 Campbell Riv	3.73m	NWI
5 148 Chatterton, Gavin	07 Campbell Riv	3.70m	NWI
6 359 Shurniak, Hunter	07 Nanaimo & DI	3.69m	NWI
7 287 Anaka, Austin	07 Nanaimo & DI	3.57m	NWI
8 142 Trousil, Rowan	07 Athletics Vi	3.15m	NWI
9 207 Bigotte-Bruhn, Lie	07 Cowichan Val	3.09m	NWI
10 401 Schandl, Ethan	07 Peninsula TR	2.54m	NWI

**Boys 13 Year Olds Long Jump**

Name	Year Team	Finals	Wind
1 332 Mnguni, Maxwell	06 Nanaimo & DI	4.65m	NWI
2 243 McKenzie-Kissinger	06 Cowichan Val	4.49m	NWI
3 223 Graf, Crosby	06 Cowichan Val	4.21m	NWI
4 267 Williamson, Grey	06 Cowichan Val	4.17m	NWI
5 212 Cizeron, Gray	06 Cowichan Val	4.06m	NWI
6 360 Shurniak, Kynan	06 Nanaimo & DI	3.96m	NWI
7 389 Schnider, Taylor	06 Oceanside TR	3.63m	NWI
8 228 Irvine, Aj	06 Cowichan Val	3.43m	NWI
9 160 Kerluck, Dane	06 Campbell Riv	3.36m	NWI
-- 241 Martin, Nolan	06 Cowichan Val	FOUL	

**Boys 14-15 Long Jump**

Name	Year Team	Finals	Wind
1 318 Horvath, Benedek	05 Nanaimo & DI	4.80m	+0.0
2 297 Bollinger, Robert	05 Nanaimo & DI	4.64m	+0.0



**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Boys 14-15 Long Jump**

3	238	Lewis, Kaiden	05	Cowichan Val	3.88m	+0.0
4	215	Danielewicz, Joel	04	Cowichan Val	3.68m	+0.0

**Boys 13 Year Olds Triple Jump**

Name	Year	Team	Finals	Wind		
1	360	Shurniak, Kynan	06	Nanaimo & DI	9.32m	NWI
2	119	Dutchak, Callum	06	Athletics Vi	8.25m	NWI

**Boys 14-15 Triple Jump**

Name	Year	Team	Finals	Wind		
1	435	Gatensby, Sean	04	Victoria Spe	11.13m	2.9
2	318	Horvath, Benedek	05	Nanaimo & DI	10.61m	2.1
3	297	Bollinger, Robert	05	Nanaimo & DI	10.29m	1.9
4	242	Mayer, Evan	05	Cowichan Val	9.92m	2.9
5	320	Ivany, Tully	05	Nanaimo & DI	9.85m	2.4

**Boys 9 Year Olds Shot Put 2 kg**

Name	Year	Team	Finals		
1	257	Thompson, Connor	10	Cowichan Val	4.94m
2	195	Scholtz, Jameson	10	Comox Valley	4.66m
3	399	Krieger, Grayson	10	Peninsula TR	4.57m
4	302	Cunning, Carter	10	Nanaimo & DI	4.16m
5	263	Weir, Jacob	10	Cowichan Val	3.62m
6	235	Lazenby, Robert	10	Cowichan Val	3.56m

**Boys 10 Year Olds Shot Put 2 kg**

Name	Year	Team	Finals		
1	139	Schaddelee, Theo	09	Athletics Vi	6.43m
2	351	Paugh, Tyson	09	Nanaimo & DI	6.36m
3	127	Martin, Blake	09	Athletics Vi	5.84m
4	229	Irvine, Nathan	09	Cowichan Val	5.49m
5	245	Miller, Silas	09	Cowichan Val	5.34m
6	368	Warn, Kaiden	09	Nanaimo & DI	5.29m
7	104	Allatt-Miles, Nels	09	Alberni Vall	4.80m
8	123	Grange, Liam	09	Athletics Vi	4.68m
8	232	Laird, Lincoln	09	Cowichan Val	4.68m
10	362	Smith, Nolan	09	Nanaimo & DI	4.28m
11	116	Dickinson, Aidan	09	Athletics Vi	4.08m

**Boys 11 Year Olds Shot Put 2 kg**

Name	Year	Team	Finals		
1	236	Lenarcic, Jackson	08	Cowichan Val	8.85m
2	189	O'Brennan, Sulliva	08	Comox Valley	7.55m
3	396	Franey, Egan	08	Peninsula TR	7.36m
4	180	Kanary, Jonah	08	Comox Valley	6.88m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Boys 11 Year Olds Shot Put 2 kg**

5	258	Thompson, Rowan	08 Cowichan Val	6.37m
6	132	Michaels-Van Zandw	08 Athletics Vi	6.09m
7	294	Berry, Sullivan	08 Nanaimo & DI	5.82m
8	193	Pfeifer, Noah	08 Comox Valley	5.31m

**Boys 12 Year Olds Shot Put 3 kg**

Name	Year	Team	Finals	
1	164	Lofstrom, Ryan	07 Campbell Riv	8.54m
2	188	O'Brennan, Hudson	07 Comox Valley	8.25m
3	421	Lee, Soren	07 Unattached B	7.70m
4	109	Symington, Gavin	07 Alberni Vall	6.85m
5	313	Harvey, Emerson	07 Nanaimo & DI	6.64m
6	173	Simmons, Kade	07 Campbell Riv	6.58m
7	359	Shurniak, Hunter	07 Nanaimo & DI	5.94m
8	319	Hosler, Elliot	07 Nanaimo & DI	5.52m
9	401	Schandl, Ethan	07 Peninsula TR	3.93m

**Boys 13 Year Olds Shot Put 3 kg**

Name	Year	Team	Finals	
1	332	Mnguni, Maxwell	06 Nanaimo & DI	8.99m
2	228	Irvine, Aj	06 Cowichan Val	8.03m
3	212	Cizeron, Gray	06 Cowichan Val	6.17m
4	241	Martin, Nolan	06 Cowichan Val	5.73m
5	389	Schnider, Taylor	06 Oceanside TR	5.46m

**Boys 14-15 Shot Put 4 kg**

Name	Year	Team	Finals	
1	408	Andulajevic, Mason	04 Unattached B	12.46m
2	225	Hengstler, Connor	05 Cowichan Val	11.75m
3	213	Dailey, Graeme	04 Cowichan Val	8.56m
4	166	Milne, Lucas	05 Campbell Riv	8.55m
5	318	Horvath, Benedek	05 Nanaimo & DI	8.41m

**Boys 10 Year Olds Discus Throw 750 g**

Name	Year	Team	Finals	
1	368	Warn, Kaiden	09 Nanaimo & DI	13.74m
2	104	Allatt-Miles, Nels	09 Alberni Vall	12.65m
3	229	Irvine, Nathan	09 Cowichan Val	12.58m
4	362	Smith, Nolan	09 Nanaimo & DI	11.92m
5	123	Grange, Liam	09 Athletics Vi	11.69m
6	245	Miller, Silas	09 Cowichan Val	11.42m
7	240	Martin, Mason	09 Cowichan Val	10.70m
8	149	Clements, Edwin	09 Campbell Riv	9.38m
9	351	Paugh, Tyson	09 Nanaimo & DI	7.88m
10	397	Holmgren, Emilian	09 Peninsula TR	7.78m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Boys 11 Year Olds Discus Throw 750 g**

Name	Year Team	Finals
1 236 Lenarcic, Jackson	08 Cowichan Val	21.85m
2 299 Corsan, Graeme	08 Nanaimo & DI	16.18m
3 162 Lee, Jason	08 Campbell Riv	15.56m
4 180 Kanary, Jonah	08 Comox Valley	14.93m
5 347 Park, Brody	08 Nanaimo & DI	14.73m
6 396 Franey, Egan	08 Peninsula TR	14.66m
6 372 Work, Grady	08 Nanaimo & DI	14.66m
8 291 Beaudoin, Rhys	08 Nanaimo & DI	12.24m
9 337 Myint, Christian	08 Nanaimo & DI	10.61m

**Boys 12 Year Olds Discus Throw 1 kg**

Name	Year Team	Finals
1 164 Lofstrom, Ryan	07 Campbell Riv	18.54m
2 109 Symington, Gavin	07 Alberni Vall	17.89m
3 376 Binet, Tymartin	07 Oceanside TR	17.82m
4 313 Harvey, Emerson	07 Nanaimo & DI	16.73m
5 146 Berkey, Shea	07 Campbell Riv	16.53m
6 341 O'Hara, Niall	07 Nanaimo & DI	16.15m
7 148 Chatterton, Gavin	07 Campbell Riv	14.28m
8 319 Hosler, Elliot	07 Nanaimo & DI	14.24m
9 359 Shurniak, Hunter	07 Nanaimo & DI	14.14m
10 401 Schandl, Ethan	07 Peninsula TR	9.93m
-- 172 Siah, Khayam	07 Campbell Riv	FOUL

**Boys 13 Year Olds Discus Throw 1 kg**

Name	Year Team	Finals
1 228 Irvine, Aj	06 Cowichan Val	23.39m
2 201 Sterk, Sam	06 Comox Valley	19.57m
3 364 Therrien, Sacha	06 Nanaimo & DI	18.39m
4 332 Mnguni, Maxwell	06 Nanaimo & DI	18.38m
5 212 Cizeron, Gray	06 Cowichan Val	16.65m
6 241 Martin, Nolan	06 Cowichan Val	16.16m
7 360 Shurniak, Kynan	06 Nanaimo & DI	15.34m
8 389 Schnider, Taylor	06 Oceanside TR	11.49m

**Boys 14-15 Discus Throw 1 kg**

Name	Year Team	Finals
1 408 Andulajevic, Mason	04 Unattached B	40.86m
2 225 Hengstler, Connor	05 Cowichan Val	37.12m
3 166 Milne, Lucas	05 Campbell Riv	30.68m
4 213 Dailey, Graeme	04 Cowichan Val	28.88m
5 217 Doehler, Jack	05 Cowichan Val	28.14m
6 336 Morrison, Samuel	04 Nanaimo & DI	27.71m
7 242 Mayer, Evan	05 Cowichan Val	27.28m
8 297 Bollinger, Robert	05 Nanaimo & DI	26.72m
9 345 Parcher, Gill	05 Nanaimo & DI	24.81m
10 262 Wedmann-Kent, Quin	05 Cowichan Val	20.70m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Boys 14-15 Discus Throw 1 kg**

11	369	Watson, Cody	05	Nanaimo & DI	19.85m
12	215	Danielewicz, Joel	04	Cowichan Val	16.50m
--	320	Ivany, Tully	05	Nanaimo & DI	FOUL

**Boys 12 Year Olds Hammer Throw 3 kg**

Name	Year	Team	Finals
1	188	O'Brennan, Hudson	07 Comox Valley 24.85m
2	164	Lofstrom, Ryan	07 Campbell Riv 18.55m
3	359	Shurniak, Hunter	07 Nanaimo & DI 17.30m
4	109	Symington, Gavin	07 Alberni Vall 15.32m
5	319	Hosler, Elliot	07 Nanaimo & DI 14.03m
6	401	Schandl, Ethan	07 Peninsula TR 9.47m

**Boys 13 Year Olds Hammer Throw 3 kg**

Name	Year	Team	Finals
1	228	Irvine, Aj	06 Cowichan Val 18.17m
2	243	McKenzie-Kissinger	06 Cowichan Val 17.87m
3	212	Cizeron, Gray	06 Cowichan Val 13.17m
4	241	Martin, Nolan	06 Cowichan Val 11.26m

**Boys 14-15 Hammer Throw 4 kg**

Name	Year	Team	Finals
1	408	Andulajevic, Mason	04 Unattached B 47.37m
2	225	Hengstler, Connor	05 Cowichan Val 34.43m
3	435	Gatensby, Sean	04 Victoria Spe 31.81m
4	336	Morrison, Samuel	04 Nanaimo & DI 28.21m
5	242	Mayer, Evan	05 Cowichan Val 25.95m
6	166	Milne, Lucas	05 Campbell Riv 25.08m
7	262	Wedmann-Kent, Quin	05 Cowichan Val 22.65m
8	217	Doehler, Jack	05 Cowichan Val 21.15m

**Boys 10 Year Olds Javelin Throw 400 g**

Name	Year	Team	Finals
1	155	Granson, Carter	09 Campbell Riv 16.89m
2	402	Tuck, Fraser	09 Peninsula TR 16.69m
3	362	Smith, Nolan	09 Nanaimo & DI 13.25m
4	149	Clements, Edwin	09 Campbell Riv 13.19m
5	104	Allatt-Miles, Nels	09 Alberni Vall 13.12m
6	377	Bishop, Bowen	09 Oceanside TR 12.27m
7	245	Miller, Silas	09 Cowichan Val 11.86m
8	351	Paugh, Tyson	09 Nanaimo & DI 11.52m
9	240	Martin, Mason	09 Cowichan Val 11.29m
10	123	Grange, Liam	09 Athletics Vi 11.05m
11	229	Irvine, Nathan	09 Cowichan Val 10.03m
12	323	Knight, Charlie	09 Nanaimo & DI 7.40m
--	368	Warn, Kaiden	09 Nanaimo & DI FOUL
--	382	Folk, Bowen	09 Oceanside TR FOUL

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Boys 11 Year Olds Javelin Throw 400 g**

Name	Year	Team	Finals	
1	236	Lenarcic, Jackson	08 Cowichan Val	28.88m
2	196	Servos, Tyson	08 Comox Valley	20.52m
3	162	Lee, Jason	08 Campbell Riv	18.16m
4	396	Franey, Egan	08 Peninsula TR	16.59m
5	375	Binet, Luc	08 Oceanside TR	15.52m
6	307	Finstad, Brody	08 Nanaimo & DI	15.40m
7	291	Beaudoin, Rhys	08 Nanaimo & DI	15.04m
8	258	Thompson, Rowan	08 Cowichan Val	14.56m
9	299	Corsan, Graeme	08 Nanaimo & DI	14.35m
10	347	Park, Brody	08 Nanaimo & DI	13.44m
--	125	Hooker, Jack	08 Athletics Vi	FOUL
--	289	Bannister, Matthia	08 Nanaimo & DI	FOUL

**Boys 12 Year Olds Javelin Throw 500 g**

Name	Year	Team	Finals	
1	319	Hosler, Elliot	07 Nanaimo & DI	21.22m
2	161	Konkle-Skuse, Ryle	07 Campbell Riv	19.62m
3	359	Shurniak, Hunter	07 Nanaimo & DI	18.88m
4	146	Berkey, Shea	07 Campbell Riv	18.68m
5	341	O'Hara, Niall	07 Nanaimo & DI	17.61m
6	172	Siah, Khayam	07 Campbell Riv	15.71m
7	109	Symington, Gavin	07 Alberni Vall	15.47m
8	148	Chatterton, Gavin	07 Campbell Riv	14.31m
9	421	Lee, Soren	07 Unattached B	13.76m
10	401	Schandl, Ethan	07 Peninsula TR	9.77m

**Boys 13 Year Olds Javelin Throw 500 g**

Name	Year	Team	Finals	
1	364	Therrien, Sacha	06 Nanaimo & DI	27.83m
2	252	Powell, Maximilian	06 Cowichan Val	24.44m
3	223	Graf, Crosby	06 Cowichan Val	24.29m
4	212	Cizeron, Gray	06 Cowichan Val	17.75m
5	228	Irvine, Aj	06 Cowichan Val	17.67m
6	360	Shurniak, Kynan	06 Nanaimo & DI	17.61m
7	241	Martin, Nolan	06 Cowichan Val	16.45m
8	389	Schnider, Taylor	06 Oceanside TR	12.42m

**Boys 14-15 Javelin Throw 600 g**

Name	Year	Team	Finals	
1	175	Allan, Emmett	04 Comox Valley	41.36m
2	408	Andulajevic, Mason	04 Unattached B	35.60m
3	242	Mayer, Evan	05 Cowichan Val	34.64m
4	213	Dailey, Graeme	04 Cowichan Val	32.56m
5	217	Doehler, Jack	05 Cowichan Val	27.21m
6	238	Lewis, Kaiden	05 Cowichan Val	25.94m
7	166	Milne, Lucas	05 Campbell Riv	24.20m
8	297	Bollinger, Robert	05 Nanaimo & DI	22.13m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**....Boys 14-15 Javelin Throw 600 g**

9	345	Parcher, Gill	05	Nanaimo & DI	21.86m
10	369	Watson, Cody	05	Nanaimo & DI	21.25m
11	262	Wedmann-Kent, Quin	05	Cowichan Val	18.62m

**Men 14-15 100 Meter Dash**

Name	Year	Team	Finals	Wind	
1	317	Henry, Stirling	04	Nanaimo & DI	12.63 -2.6
2	420	Lee, Daniel	04	Unattached B	12.74 -2.6
3	297	Bollinger, Robert	05	Nanaimo & DI	13.17 -2.6

**Men 16-17 100 Meter Dash**

Name	Year	Team	Finals	Wind	
1	310	Greir, Josh	03	Nanaimo & DI	12.33 -1.6
2	221	Foo, Syon	03	Cowichan Val	12.87 -1.6

**Men 18-19 100 Meter Dash**

Name	Year	Team	Finals	Wind	
1	253	Prokopchuk, Sam	01	Cowichan Val	11.78 -1.6
2	381	Dodd, Gabriel	00	Oceanside TR	12.58 -1.6

**Men 65-69 100 Meter Dash**

Name	Year	Team	Finals	Wind	
1	407	Freeman, Peter	52	Salt Spring	14.77 -1.6

**Men 70-74 100 Meter Dash**

Name	Year	Team	Finals	Wind	
1	304	Donaldson, Sven	49	Nanaimo & DI	17.89 -1.6

**Men 80-84 100 Meter Dash**

Name	Year	Team	Finals	Wind	
1	426	Thompson, Lynn	39	Unattached B	17.86 -1.6

**Men 16-17 200 Meter Dash**

Name	Year	Team	Finals	Wind	
1	310	Greir, Josh	03	Nanaimo & DI	24.50 -0.9
2	277	Bradbury, Spencer	02	Mid Island Distance	24.51 -0.9
3	221	Foo, Syon	03	Cowichan Val	25.78 -0.9

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Men 45-49 200 Meter Dash**

Name	Year Team	Finals	Wind
1 339 Myint, Win	74 Nanaimo & DI	28.24	-0.9

**Men 65-69 200 Meter Dash**

Name	Year Team	Finals	Wind
1 407 Freeman, Peter	52 Salt Spring	30.36	-0.9

**Men 80-84 200 Meter Dash**

Name	Year Team	Finals	Wind
1 426 Thompson, Lynn	39 Unattached B	37.66	-0.9

**Men 16-17 400 Meter Dash**

Name	Year Team	Finals
1 277 Bradbury, Spencer	02 Mid Island Distance	53.05
2 285 Santos Diez, Rodri	03 Mid Island Distance	55.69

**Men 18-19 400 Meter Dash**

Name	Year Team	Finals
1 283 Kaps, Linden	00 Mid Island Distance	53.05
2 253 Prokopchuk, Sam	01 Cowichan Val	53.50

**Men 65-69 400 Meter Dash**

Name	Year Team	Finals
1 407 Freeman, Peter	52 Salt Spring	1:10.47
2 316 Hendrie, Tim	50 Nanaimo & DI	1:41.23

**Men 70-74 400 Meter Dash**

Name	Year Team	Finals
1 356 Riggins, Terry	47 Nanaimo & DI	1:16.88

**Men 16-17 800 Meter Run**

Name	Year Team	Finals
1 286 Van Allen, Fraser	02 Mid Island Distance	2:00.65
2 285 Santos Diez, Rodri	03 Mid Island Distance	2:07.76
3 278 Cooper, Corin	02 Mid Island Distance	2:20.99

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Men 18-19 800 Meter Run**

Name	Year Team	Finals
1 283 Kaps, Linden	00 Mid Island Distance	2:00.59

**Men 20-34 800 Meter Run**

Name	Year Team	Finals
1 429 Winkler, Matthew	88 Unattached B	1:55.99

**Men 55-59 800 Meter Run**

Name	Year Team	Finals
1 290 Bannister, Ronald	64 Nanaimo & DI	3:05.44

**Men 65-69 800 Meter Run**

Name	Year Team	Finals
1 407 Freeman, Peter	52 Salt Spring	2:53.00
2 316 Hendrie, Tim	50 Nanaimo & DI	4:04.36

**Men 70-74 800 Meter Run**

Name	Year Team	Finals
1 356 Riggins, Terry	47 Nanaimo & DI	2:58.36

**Men 80-99 80 Meter Hurdles 8 x 27"**

Name	Year Team	Finals	Wind
1 426 Thompson, Lynn	39 Unattached B	19.00	NWI

**Men 18-19 110 Meter Hurdles 10 x 39"**

Name	Year Team	Finals	Wind
1 202 Stewart, Shane	01 Comox Valley	15.79	0.1

**Men 16-17 400 Meter Hurdles 10 x 33"**

Name	Year Team	Finals
1 277 Bradbury, Spencer	02 Mid Island Distance	58.81

**Men 16-17 2000 Meter Steeplechase 36"**

Name	Year Team	Finals	
-- 410 Appelt, Leo	02 Unattached B	X8:37.37	30" Steeple as facil



**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Men 18-19 High Jump**

Name	Year Team	Finals
1 374 Morris, Anthony	01 Oak Bay Secondary	1.70m

**Men 65-69 High Jump**

Name	Year Team	Finals
1 316 Hendrie, Tim	50 Nanaimo & DI	0.90m

**Men 70-74 High Jump**

Name	Year Team	Finals
1 304 Donaldson, Sven	49 Nanaimo & DI	1.30m

**Men 80-84 High Jump**

Name	Year Team	Finals
1 395 East, Les	39 Peninsula TR	1.15m

**Men 16-17 Long Jump**

Name	Year Team	Finals	Wind
1 194 Potts, Liam	03 Comox Valley	5.72m	0.6

**Men 18-19 Long Jump**

Name	Year Team	Finals	Wind
1 253 Prokopchuk, Sam	01 Cowichan Val	6.22m	0.8

**Men 80-84 Long Jump**

Name	Year Team	Finals	Wind
1 426 Thompson, Lynn	39 Unattached B	3.23m	0.5

**Men 90-94 Long Jump**

Name	Year Team	Finals	Wind
1 394 Daniels, Danny	29 Peninsula TR	1.86m	0.6

**Men 80-84 Triple Jump**

Name	Year Team	Finals	Wind
1 426 Thompson, Lynn	39 Unattached B	7.24m	-0.3

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Men 16-17 Shot Put 5 kg**

Name	Year Team	Finals
1 226 Hengstler, Jameson	03 Cowichan Val	11.62m

**Men 45-49 Shot Put 7.26 kg**

Name	Year Team	Finals
1 367 Vannini, Phillip	74 Nanaimo & DI	11.27m

**Men 50-59 Shot Put 6 kg**

Name	Year Team	Finals
1 140 Steele, Sean	61 Athletics Vi	11.31m
2 187 Morfitt, Graham	67 Comox Valley	11.05m

**Men 65-69 Shot Put 5 kg**

Name	Year Team	Finals
1 316 Hendrie, Tim	50 Nanaimo & DI	4.56m

**Men 70-74 Shot Put 4 kg**

Name	Year Team	Finals
1 304 Donaldson, Sven	49 Nanaimo & DI	7.70m

**Men 80-84 Shot Put 3 kg**

Name	Year Team	Finals
1 395 East, Les	39 Peninsula TR	7.63m

**Men 90-94 Shot Put 3 kg**

Name	Year Team	Finals
1 394 Daniels, Danny	29 Peninsula TR	6.48m

**Men 16-17 Discus Throw 1.5 kg**

Name	Year Team	Finals
1 171 Perras, Trent	03 Campbell Riv	33.28m
2 226 Hengstler, Jameson	03 Cowichan Val	29.62m

**Men 50-59 Discus Throw 1.5 kg**

Name	Year Team	Finals
1 140 Steele, Sean	61 Athletics Vi	36.55m
2 187 Morfitt, Graham	67 Comox Valley	36.43m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Men 65-69 Discus Throw 1 kg**

Name	Year Team	Finals
1 316 Hendrie, Tim	50 Nanaimo & DI	11.77m

**Men 80-84 Discus Throw 1 kg**

Name	Year Team	Finals
1 395 East, Les	39 Peninsula TR	24.90m

**Men 90-94 Discus Throw 1 kg**

Name	Year Team	Finals
1 394 Daniels, Danny	29 Peninsula TR	13.20m

**Men 16-17 Hammer Throw 5 kg**

Name	Year Team	Finals
1 321 Katzberg, Ethan	02 Nanaimo & DI	64.92m
2 274 Arnold, Matthew	02 Kamloops Tra	59.77m
3 171 Perras, Trent	03 Campbell Riv	39.12m
4 226 Hengstler, Jameson	03 Cowichan Val	33.64m

**Men 18-19 Hammer Throw 6 kg**

Name	Year Team	Finals
1 436 Mudie, Zach	01 Campbell Riv	29.28m

**Men 20-34 Hammer Throw 7.26 kg**

Name	Year Team	Finals
1 143 Willett, Sam	97 Athletics Vi	63.12m
2 424 Stewart, Daniel	95 Unattached B	42.45m

**Men 50-59 Hammer Throw 6 kg**

Name	Year Team	Finals
1 187 Morfitt, Graham	67 Comox Valley	37.61m
2 140 Steele, Sean	61 Athletics Vi	22.58m

**Men 80-84 Hammer Throw 3 kg**

Name	Year Team	Finals
1 395 East, Les	39 Peninsula TR	26.56m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Men 16-17 Javelin Throw 700 g**

Name	Year Team	Finals
-- 310 Greir, Josh	03 Nanaimo & DI	FOUL

**Men 18-19 Javelin Throw 800 g**

Name	Year Team	Finals
1 183 Klettke, Casey	01 Comox Valley	57.25m
2 381 Dodd, Gabriel	00 Oceanside TR	47.17m

**Men 20-34 Javelin Throw 800 g**

Name	Year Team	Finals
1 425 Szczawinski, Maxwe	98 Unattached B	53.85m
2 418 Larocque, Michael	88 Unattached B	42.67m

**Men 50-59 Javelin Throw 700 g**

Name	Year Team	Finals
1 187 Morfitt, Graham	67 Comox Valley	58.40m
2 140 Steele, Sean	61 Athletics Vi	33.89m

**Men 80-84 Javelin Throw 400 g**

Name	Year Team	Finals
1 395 East, Les	39 Peninsula TR	19.86m

**Men 90-94 Javelin Throw 400 g**

Name	Year Team	Finals
1 394 Daniels, Danny	29 Peninsula TR	13.66m

**Women 16-17 1500 Meter Run**

Name	Year Team	Finals
1 309 Gillette, Kyra	03 Nanaimo & DI	5:21.0h

**Men 16-17 1500 Meter Run**

Name	Year Team	Finals
1 282 Irving, Rylan	02 Mid Island Distance	4:33.0h
2 310 Greir, Josh	03 Nanaimo & DI	5:04.3h

**Men 18-19 1500 Meter Run**

Name	Year Team	Finals
1 284 Ponsford, Tyler	01 Mid Island Distance	5:40.0h

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Men 20-34 1500 Meter Run**

Name	Year Team	Finals
1 429 Winkler, Matthew	88 Unattached B	4:03.1h

**Women 15 1500 Meter Steeplechase 30" NO WATER**

Name	Year Team	Finals
1 147 Chatterton, Anna	04 Campbell Riv	5:22.76

**Boys 13 Pole Vault**

Name	Year Team	Finals
1 360 Shurniak, Kynan	06 Nanaimo & DI	1.95m

**Girls 13 Pole Vault**

Name	Year Team	Finals
1 328 Martin, Haley	06 Nanaimo & DI	2.25m
2 346 Paris, Lydia	06 Nanaimo & DI	1.95m
3 343 Orlando, Peyton	06 Nanaimo & DI	1.80m
3 325 Lundman, Annika	06 Nanaimo & DI	1.80m
5 300 Croome, Natalie	06 Nanaimo & DI	1.65m
5 314 Henderson, Avery	06 Nanaimo & DI	1.65m
7 373 Zavarise, Brooklyn	06 Nanaimo & DI	1.50m

**Women 14-15 Pole Vault**

Name	Year Team	Finals
1 365 Urbanowicz, Sonya	04 Nanaimo & DI	2.90m
2 361 Skuse, Tyza	04 Nanaimo & DI	2.55m

**Men 14-15 Pole Vault**

Name	Year Team	Finals
1 370 Watson, Jayden	04 Nanaimo & DI	2.85m
2 317 Henry, Stirling	04 Nanaimo & DI	2.75m
3 369 Watson, Cody	05 Nanaimo & DI	2.25m
3 345 Parcher, Gill	05 Nanaimo & DI	2.25m

**Women 16-17 Pole Vault**

Name	Year Team	Finals
1 326 Lundman, Olivia	03 Nanaimo & DI	2.75m
2 135 Pekter, Marilla	03 Athletics Vi	2.25m
3 344 Parcher, Bianca	03 Nanaimo & DI	1.80m

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Men 16-17 Pole Vault**

Name	Year Team	Finals
1 113 Ciarniello, Dean	02 Athletics Vi	3.05m

**Men 18-19 Pole Vault**

Name	Year Team	Finals
1 114 Clements, Isaac	01 Athletics Vi	4.20m
-- 355 Rasmussen, Steen	00 Nanaimo & DI	NH

**Men 20-34 Pole Vault**

Name	Year Team	Finals
1 120 Eby, Jonathan	99 Athletics Vi	3.95m

**Women 20-34 Pole Vault**

Name	Year Team	Finals
1 273 Asselin-Debelic, M	98 Edmonton Int	3.35m

**Women 60-64 Pole Vault**

Name	Year Team	Finals
1 315 Hendrie, Nola	55 Nanaimo & DI	1.50m

**Men 70-74 Pole Vault**

Name	Year Team	Finals
1 304 Donaldson, Sven	49 Nanaimo & DI	2.40m

**Men 80-84 Pole Vault**

Name	Year Team	Finals
1 118 Dumas, Gerard	35 Athletics Vi	1.50m

**Boys 9 800 Meter Race Walk**

Name	Year Team	Finals
1 430 Pighin, Chase	10 Vernon Amate	6:35.64
2 342 O'Keefe, Taveon	10 Nanaimo & DI	7:57.97

**Girls 10 800 Meter Race Walk**

Name	Year Team	Finals
1 292 Bell, Tessa	09 Nanaimo & DI	5:30.16
2 380 Desvaux, Sophia	09 Oceanside TR	6:36.75
3 333 Moonsamy, Anishka	09 Nanaimo & DI	6:50.94

**2019 Garriock Meet**  
**Duncan, BC - 6/8/2019 to 6/9/2019**  
**Results**

**Boys 10 800 Meter Race Walk**

Name	Year Team	Finals
1 368 Warn, Kaiden	09 Nanaimo & DI	6:25.27
2 417 Hunt, Ethan	09 Unattached B	7:58.08

**Girls 11 800 Meter Race Walk**

Name	Year Team	Finals
1 378 Cole, Heidi	08 Oceanside TR	6:11.12

**Girls 12 800 Meter Race Walk**

Name	Year Team	Finals
1 208 Blumel, Annette	07 Cowichan Val	4:17.81
2 177 Doty-Brown, Payge	07 Comox Valley	5:04.75
3 230 Johnston, Tori	07 Cowichan Val	5:13.92
4 432 Pighin, Kiara	07 Vernon Amate	5:19.22
5 234 Lazenby, Danika	07 Cowichan Val	5:35.99
6 259 Titone, Maëlle	07 Cowichan Val	5:55.21

**Boys 12 800 Meter Race Walk**

Name	Year Team	Finals
1 313 Harvey, Emerson	07 Nanaimo & DI	5:16.35

**Girls 13 1500 Meter Race Walk**

Name	Year Team	Finals
1 325 Lundman, Annika	06 Nanaimo & DI	8:44.03
2 431 Pighin, Isabella	06 Vernon Amate	11:05.10

**Women 14-15 1500 Meter Race Walk**

Name	Year Team	Finals
1 209 Blumel, Margo	04 Cowichan Val	9:01.90

**Men 14-15 1500 Meter Race Walk**

Name	Year Team	Finals
1 213 Dailey, Graeme	04 Cowichan Val	10:46.73
2 336 Morrison, Samuel	04 Nanaimo & DI	10:51.43

**Women 16-17 5000 Meter Race Walk**

Name	Year Team	Finals
1 326 Lundman, Olivia	03 Nanaimo & DI	25:51.24