

# CVAC Jaguars President's report- 2011

The Cowichan Valley Athletic club had a very successful 2010 season. The club experienced excellent growth with many new members representing various age groups. The Athletes of our club did very well in the Island series of races as summarized in the head coaching report and had great results at the BC Summer games as well.

Our coaching ranks expanded thanks to many of the parents who stepped forward and offered their time and expertise. 6 parents took the Sport Coach course in March of 2010 and we are looking to follow that up with Club Coach Courses in 2011.

One of the highlights of last year was the very successful fund raising dance and silent auction help at the Cobble Hill community centre. A big thank you goes out to Sue Barr, Jenny Broere and Linda Kirsch who spear headed this event. Thanks to their hard work and the financial wizardry of Treasurer Rick Anderson, the club is on sound financial footing. This will allow us to move forward in the purchasing of new equipment for our athletes.

Once again our annual Garriock track meet proved to be a huge success. The weather was brilliant and we had close to 400 hundred athletes register over the two days. A special thank you goes out to Sheila Southern-Lloyd for agreeing to serve as our meet director and to all of the club parents and athletes who worked so hard to make the meet such a fabulous event.

In 2011 we look forward to building on the success of last year and again will look to the parents of athletes to step forward and continue to do the great work which has become a hallmark of our club. On behalf of the CVAC executive I thank all of those who have given so generously of their time to make our club the best experience it can be for our athletes.

Runners take your mark.....

Respectfully submitted by Jim Broere, CVAC President